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~ With Gratitude ~

Thank you to neurodiverse youth, families and community partners who share their knowledge, experience, and resources used to create these monthly lists. The range of topics covered are based on the intersectionality presented by neurodiverse youth in their transition planning processes and those areas families have highlighted as useful in keeping them in a position to offer ongoing support.

If you have resources, you'd like to share feel free to email it to me at julian.wilson@gov.bc.ca.
Wishing you happy planning folks!

1.0 Art, Theatre, Singing, Dance & Recreational Programs

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All Bodies Dance – Our Classes (Including an Online Class) | View Online: [Classes \(List\)](#) | [All Bodies Dance](#)

All Bodies Dance Project offers accessible and inclusive dance classes for adults and youth of all abilities, genders, sizes, experiences, and backgrounds. We strive to create an open, safe and fun environment where everyone can experience the joy of moving and creating within a diverse community where differences are celebrated.

All Bodies Dance – Event – Cross-Pollination: Sharing Practice in Integrated Dance and Disability Arts | Thursday May 16 at 12 Noon | 677 Davie St, Vancouver | View Online: [Cross-Pollination: Sharing Practice in Integrated Dance and Disability Arts - The Dance Centre](#)

Join them for an informal lecture-demonstration to learn about their respective artistic practices, activities, and moments of discovery shared in the studio. Light refreshments provided. The event is free, space is limited, RSVP required.

Artists Helping Artists | View Online: [Artists Helping Artists](#) | [Burnaby BC](#) | [AHA Burnaby](#)

An inclusive community-based artists cooperative that provides artists with space, affordable materials, and the opportunity to pursue their aspirations concerning artistic expression.

[BC Special Olympics Programming](#) | View Online: Community Links Listed Below

BC Special Olympics provides individuals with intellectual disabilities the opportunity to enrich their lives and celebrate personal achievement through positive sports experiences. It is available in many communities including:

- 1) Burnaby | View Online: [Burnaby | Special Olympics British Columbia](#)
- 2) Coquitlam | View Online: [Coquitlam | Special Olympics British Columbia](#)
- 3) Ridge Meadows | View Online: [Ridge Meadows | Special Olympics British Columbia](#)
- 4) Surrey | View Online: [Surrey | Special Olympics British Columbia](#)

Note there is no New Westminster specific chapter, so communities close in proximity were provided. When you are on the page, scroll down to the bottom and under the heading "Downloads" you'll find the current community specific program schedule.

[Burnaby Village Museum – Opens May 4th](#) | View Online: [Summer Season](#) | [Burnaby Village Museum](#)

Burnaby Village Museum opens its summer season on May 4. Visit our feature exhibit: [Truths Not Often Told: Being South Asian in Burnaby](#) and the traveling exhibit: [OVERCASTE curated by the Public Justice Society](#).

[Canucks Autism Network – Sign Up for Spring Programs](#) | View Online: [Recreation Booking Page \(perfectmind.com\)](#)

Sign up for Spring Programs!

- Recreation: Project Love Run, Birding, Dungeon Master Training, Dungeons & Dragons, Movie Club
- Wellness & Mental Health: Women's Peer Group, Autistic Leaders Group
- Family Experiences: CAN Sports Day, Learn to Fish
- Fundraiser: Papa John's, Meridian Meats

- CAN Sports Day | Saturday May 11 from 12 Noon to 5 PM | BC Place | View Online: [Events Booking Page \(perfectmind.com\)](#)

PLUS: Discounts & sensory-friendly opportunities from Square Peg Society, City of Surrey, VanAqua, Surrey Pools, MONOVA, & Science World.

City Summer Active Living and Program Guide Release Dates | View Online: See Links Below

Communities have subsidized programs that usually those on fixed incomes, like PWD Benefits, can access to support their participation in parks and recreation programs. The links below take you to support available by community:

- City of Burnaby – Recreation Credit (now Fair Play) Program – [Recreation Credit Program | City of Burnaby](#) | [Spring Program Guide](#) | [Summer Program Guide Available May 13](#) – Registration begins Monday June 6 at 10 AM
- City of Coquitlam – Financial Assistance for Recreation Program - [Financial Assistance for Recreation | Coquitlam, BC](#) | [Spring Program Guide](#) | [Summer Program Guide](#) registration begins Tuesday May 7, 2024
- City of Maple Ridge – Access Pass Program - [Financial Access | Maple Ridge, BC](#) | [Spring Program Guide](#) | Summer Program Guide goes online May 21, 2024
- City of Pitt Meadows – [Program Fee Subsidy & Access Support Pass](#) for support workers to attend as a support person free | [Spring Program Guide](#) | Summer Program Guide registration begins Tuesday May 28 at 8 AM
- City of New Westminister – Active Pass Program - [Access & Inclusion | City of New Westminister \(newwestcity.ca\)](#) | [Spring Program Guide](#) | Summer Active Living Guide Release Not Announced Yet

City of Burnaby – Burnaby Blooms Events | View Online: [Burnaby Blooms](#) | [City of Burnaby](#)

Burnaby's favourite springtime celebrations returns in 2024 as the City welcomes Burnaby Blooms. Join us on Sunday, May 5 at the Shadbolt Centre for the Arts and Deer Lake Park. Enjoy entertainment, roving performers, workshops, eco-sculptures, family activities, talks and tours, plant sales, community groups, food trucks and more!

City of Burnaby – Central Park Pitch and Putt | View Online: [Central Park](#) | [Golf Burnaby Website](#)

Nestled amongst the majestic evergreens in the Metrotown area of Burnaby, this pitch and putt offers a great and inexpensive golf experience for all calibre of players. If you're a beginner, or just don't have time for a round on a big course, come enjoy a real golf experience in this beautiful wooded park setting.

City of Burnaby – Central Park Perimeter Trail | View Online: [Central Park Perimeter Trail now complete](#) | [City of Burnaby](#)

The City of Burnaby has completed the fourth and final section of the Central Park Perimeter Trail, completing the 3.5-kilometre circuit around one of Burnaby's most beloved parks. This walking trail offers a unique experience for residents and visitors alike, combining fitness, nature, and community connection.

City of Burnaby – Youth Week Events | May 1 to 7, 2024 | View Online: [Burnaby Youth Week](#) | [City of Burnaby](#)

Help us celebrate Burnaby Youth Week, a week of fun celebrations, building a strong connection between youth and their community. Burnaby Youth Week highlights the interests, accomplishments and diversity of youth in our city. Congratulations to Victoria Ocampo for designing 2024's logo for Youth Week.

City of Coquitlam – Youth Week Events | May 1 to 7, 2024 | View Online: [Youth Week | Coquitlam, BC](#)

Coquitlam once again joins communities across B.C. to celebrate the diversity and positive contributions of youth during BC Youth Week from May 1 - 7. Recreation staff have planned a full week of drop-in and registered activities at recreation facilities and City parks around the community including free contests, board games, art workshops, sports drop-ins, and wellness activities.

City of New Westminister – Bridge Literary Festival May 9 to 12, 2024 | View Online: [Bridges Literary Festival | New Westminister Public Library \(nwpl.ca\)](#)

We are thrilled to launch the inaugural festival on the weekend of May 9th to 12th, presented by New Westminister Public Library in partnership with venues and organizations throughout the city. There is a whole raft of free events for all ages to attend over the course of the weekend – author talks, poetry readings, kids' storytimes, book launches, a local author book club, literary crafts, a critics circle, writing and creation workshops, and social events!

City of New Westminister – Public Art Unveiling by Coast Salish Artist James Harry | Wednesday May 8, 2024 at 12 Noon | View Online: [Miyiwts - Water's Edge | City of New Westminister \(newwestcity.ca\)](#)

Join us for the unveiling of the new public artwork, [Miyiwts – Water's Edge by Coast Salish artist James Harry](#). The community is invited to witness a blessing ceremony that begins at noon, followed by soup and bannock at 1:00 pm. The majority of the event will take place outdoors next to the artwork, which is located near the facility's south entrance.

City of New Westminster – Youth Week Events | May 1 to 7, 2024 | View Online: [YOUTH WEEK May 1-7 | New West Youth](#)

Youth Week is an annual event held throughout BC during the first week of May to celebrate the remarkable contributions of young people to our communities. The week is packed with fun and engaging events for youth all week long. Have a look below - we hope to see you there!

City of Surrey – Sensory Friendly Pool House | View Online: [Sensory Friendly Swims | City of Surrey](#)

Sensory friendly swims are inclusive swim times for individuals and families looking for an environment with reduced noise. They are available for those who are autistic, have anxiety or other sensory processing needs, or anyone who feels they would benefit from a more supportive environment.

Dance Express | View Online: [Dance Express Inc - | Dance Express Inc.](#)

A Burnaby dance academy, that works well with the learning needs of neurodiverse folks, they cater to a diverse range of age groups and dance preferences, offering multiple classes for each category, spanning from beginners to those pursuing competitive dance.

Dancing Tones Association | View Online: [Inclusive Dance Classes | Dancing Tones](#)

Dancing Tones is an adapted dance class that meets the needs of any and all individuals with a disability. We take steps towards creating equal opportunities for individuals with diverse abilities while creating a sense of belonging and equality in society.

DSRF & Curiko – Chicken a Virtual Experience | May 30, 2024 at 7 PM | View Online: [Chicken: A Virtual Experience - Down Syndrome Resource Foundation \(dsrf.org\)](https://www.dsrff.org/chicken-a-virtual-experience)

Join us for an exclusive online screening of the short film Chicken starring Leo Award winning actor Aaron Waddingham, who happens to have Down syndrome. Following the film, take part in a live Q&A with Aaron and Lucy McNulty, writer, director, and co-star of Chicken.

Foundry Ridge Meadows – Free Drop-In Art Sessions Tuesdays | Location: Unit 2, 22932 Lougheed Hwy, Maple Ridge.

Foundry Ridge Meadows offers free drop-in art sessions on Tuesdays!

Kickstart Disability Arts & Culture – Deaf, Mad, and Disabled Artist Residency | Applications Due May 15, 2024 | View Online: [APPLY HERE!](#)

Don't miss this incredible opportunity to be in community with other mad, d/Deaf, and disabled artists and spend two weeks immersing yourself in your arts practice while also centering rest and connection with the land.

Maple Ridge – What's Happening in Ridge Meadows | View Online: [Find out what's upcoming in the communities \(mailchi.mp\)](https://mailchi.mp/ridge-meadows/what-s-happening-in-ridge-meadows)

A summary of posted activities and events for the community of Maple Ridge, and Ridge Meadows.

Pottery Works | View Online: [Home \(potteryworks.ca\)](https://potteryworks.ca)

Pottery Works is a collection of artists overcoming their disabilities through art. Pottery Works offers special classes, workshops, and events, and provides studio space for disabled artists to work on their original works, including paintings, pottery, jewelry, and more.

Purpose Society – Drop-In Art Studio | Burnaby Youth Hub | Fridays from 1:30 to 3 PM | For More Info Email: atorres@burnabyfamilylife.org

Burnaby Family Life is hosting weekly art studio drop-ins at the Purpose Society Burnaby Youth Hub. Email Angie Torres for more info.

Real Talk – Sexual Health Program Monthly Events | View Online: [Events - Real Talk \(real-talk.org\)](https://real-talk.org)

A sexual health initiative aimed at people living with cognitive disabilities. Real Talk Events are safer spaces where you can ask questions about sex, and you won't get told that they're inappropriate or rude. Certified Sexual Health Educators and other participants can help you figure out answers.

Events can include:

- Classic Pizza Party in New West – Monday April 22 at 11 AM
- Women's Zoom Hangout
- LGBTQ+ Pizza Party in New West

Science World – Sensory Friendly Mornings | View Online: [Sensory-Friendly Mornings - Science World](#)

Sensory-Friendly Mornings are inclusive events for individuals and families with neurodiverse or accessibility needs. Guests can explore our exhibits and galleries in a comfortable, welcoming and less crowded environment. Wherever possible, exhibits will have adjusted operations and lowered volume levels from 8–11am.

Shadbolt Centre for the Arts – Arts Activities List | View Online: [Fine Arts Activities | City of Burnaby](#)

The study of fine arts in all forms helps us make sense of the world we live in through unique and creative learning opportunities at any age. At the Shadbolt, our activities are designed to develop your artistic creativity and skills. Our instructors are renowned artists and skilled specialists who create curriculum that is geared to a variety of ages and abilities.

Spectrum Health – Personal Trainer | View Online: [Spectrum Health | Personal Trainer | Burnaby \(mbspectrumhealth.com\)](#)

Mobile personal training for adults with physical and intellectual disabilities that can be accessed using respite or private funds.

Spectrum Summer Picnic 2024 at Trout Lake | July 17, 2024 at 2 PM | Vancouver | View Online: [Spectrum Summer Picnic 2024 - Spectrum Society for Community Living](#)

Disability Agency summer picnic with more details to follow closer to the date.

Square Peg Society – Inclusive Latin Dance Class | View Online: [Dancing at JUC! - Square Peg Society](#)

Learn Latin dance in an inclusive environment! No experience or partner necessary.

Theatre Terrific | View Online: [Theatre Terrific | Vancouver, BC](#)

Pioneers' inclusive opportunities for artists of all abilities to develop performance skills and collaborate in the production of theatrical works. All of Theatre Terrific's classes, workshops, community, and professional productions are made up of people of all colors, abilities, genders, and backgrounds.

This World's Ours Centre – Adult Dungeon's & Dragon's | Every 2nd Tuesday from 7 to 9 PM | View Online: [This World's Ours Centre Corp. - Activities : Dungeons & Dragons \(amilia.com\)](#)

This is a 2-hour drop-in course where participants will learn how to build a character, find a team to explore a fantasy land with and learn safety skills throughout the activity.

Tri-City Challenger Baseball | View Online: [Find a League Near you - Challenger Baseball Canada](#)

The most fundamental goal of the Challenger Division is to give everyone a chance to play, regardless of limitations. Some of the local teams include:

- Tri-City Challenger Baseball | View Online: [Challenger Baseball - Coquitlam, BC \(tricitychallengers.com\)](#)
- Ridge Meadows Challenger Baseball | View Online: [Challenger - Ridge Meadows Minor Baseball : Website by RAMP InterActive \(rmmba.ca\)](#)

Vancouver Aquarium – Sensory Friendly Hours for 2024 | View Online: [Sensory Friendly Hours | Vancouver Aquarium \(vanaqua.org\)](#)

The Vancouver Aquarium hosts Sensory Friendly hours to welcome neurodiverse individuals, their families and caregivers the opportunity to enjoy the Aquarium. Light and audio levels will be reduced around the aquarium during Sensory Friendly Hours from 9:30am to 12pm.

Vancouver Adapted Music Society | View Online: [Home - Vancouver Adapted Music Society \(vams.org\)](#)

Each year, over 100 people come through the doors of the VAMS studio, looking to embark on their musical journey and our dedicated staff and volunteers are there to support them along the way.

VAMS also offers a “Mini-School” a new non-accredited course that provides folks with a well-rounded introduction to the music industry.

XBa Centre of Dance – Diverse Abilities Dance | View Online: [DANCE STYLES | XBa Centre of Dance](#)

Located in Surrey, the Diverse Abilities Dance class has been in operation for over twenty years and is for dancers aged 18+ that have intellectual and/or developmental disabilities and offers an environment that fosters inclusion and equality in dance movement.

2.0 Community-Based Developmental & Social Programs

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Access2Card | View Online: [Apply First Time – Access2 \(access2card.ca\)](#)

Easter Seals Canada's Access 2 Card program provides individuals with disabilities a card, allowing a companion free entry at over 500 participating venues nationwide. Many major entertainment hubs, from movie theatres to museums, support this initiative.

ACT – Monthly Events | View Online: [Community Events in BC - ACT - Autism Community Training \(actcommunity.ca\)](#)

ACT lists workshops and conferences in BC related to autism and other diverse needs that are provided by local agencies and organizations. We are listing this information in the interest of providing support to families and professionals seeking additional training and information on a range of diverse needs.

Arts Umbrella – Vancouver Summer Camps for Children and Youth up to age 19 | View Online: [Vancouver Summer Camps | Arts Umbrella Camps](#)

Make the most of the warm months by getting inspired by some of the best arts educators in the province at our state-of-the-art Granville Island home.

AutismBC – Calendar of Monthly Events | View Online: [Click Here](#)

We empower, support, and connect the autism community in BC. This webpage offers ASD info, support groups, webinars, events, and education resources.

BACI & Building Caring Communities – Dating Event | New Westminister | May 10, 2024 at 2 PM | View Online: [Dating Event Registration \(office.com\)](#)

A chance to meet other people interested in dating! Please understand that not everyone who registers will get a spot at the event, but we do have a waitlist for future events!

City of New Westminister – Youth Firefighter Program for Grades 10 to 12 | Application Deadline May 17, 2024 | View Online: [Youth Firefighter Program: Apply May 17 \(newwestyouth.ca\)](#)

The New Westminister Youth Firefighter program invites motivated and passionate youth (grade 10 - 12) to apply for this fun learning experience. The program places students in a Fire Academy situation featuring classroom review, workplace experience, and live-fire combat! Info session June 1, July 8-12 training and live firefighting.

City of Surrey – One to One Support in Summer Camps | Registration Opens Sunday May 12 at 9 AM | View Online: [summer-day-camps-guide \(cld.bz\)](#)

Summer camps are available to children 6 to 12 and youth 13 to 18 years old. If a participant with a disability requires support to be safe and successful in camp, please register in our “One to One support for camps – children” to apply. Support spots are available the week of July 8 through the week of August 23.

CLBC – Dance Party | Event Date May 25, 2024 at 6:30 PM | To RSVP Email kerrylizz@outlook.com by May 18, 2024 | View Online: <https://www.communitylivingbc.ca/wp-content/uploads/Dance-Poster-May-25.pdf>

Come out to the YMCA Bettie Allard and join us for snacks & beverages, body art by MJC Artistry, and Photography by Kayjaye Studios. Admission is \$5.

Curiko – Social and Learning Experiences for Young People with Disabilities | View Online: [Curiko | 100s of splendid experiences](#)

We're a community of people with and without disabilities. Discover new things about yourself, others, and the world around you. Connect with your fellow humans through community-led experiences.

DSRF – Raise Me Up (Summer Program) | Various Summer Dates | View Online: [Raise Me Up \(Summer Program\) - Down Syndrome Resource Foundation \(dsrf.org\)](#)

Raise Me Up is a small group program for people with Down syndrome focusing on self-esteem and healthy relationships. This year we are offering groups for tweens, teens and adults. Each day we will spend time empowering and celebrating ourselves and discuss how loving and respecting ourselves can lead to meaningful and fun relationships with our family, friends, and potential dates.

Easter Seals BC / Yukon – Family Camp Registration is Open | View Online: [Easter Seals BC/Yukon Summer Camps - Easter Seals BC and Yukon \(eastersealsbcy.ca\)](#)

From day camps, to week long overnight camps, to in-person and virtual, there are options available for all interests, and for all children and adults with disabilities ages 6 and up. Trained counsellors bring out the fun and silly in every activity, creating experiences that instill confidence, and memories that last a lifetime.

Easter Seals BC / Yukon – Compass 2 & Compass Weekend | View Online: [Compass Continued - Easter Seals BC and Yukon \(eastersealsbcy.ca\)](#)

Compass 2 and Compass Weekend are tailored to build upon the foundational learning objectives of [Compass](#). Compass 2 is designed for motivated young adults to revisit their employment aspirations and delve into advanced learning outcomes. Compass Weekend gives learners an opportunity to practice immersive life skills at Easter Seals House.

[Empowered by Nature – Youth Summer Camps Up to Age 19 | Maple Ridge | View Online: Summer PROGRAMS - Empowered by Nature \(ecoplay.ca\)](#)

Calling all kids aged 10 and above! Dive into a world of fantasy inspired by Dungeons and Dragons, where creativity knows no bounds. Join us for thrilling afternoons filled with active play, crafting, and immersive role-playing experiences. Unleash your imagination, hone your teamwork skills, and embark on heroic quests in our imaginative medieval realm!

Medieval Makers runs from 3:30 PM to 7:00 PM, Monday through Thursday, and don't forget about Teen Time on Fridays from 3:30 PM to 7:00 PM! (new time for summer).

[Family Support Institute \(FSI\) – Calendar of Events | View Online: FSI Events - Family Support Institute \(familysupportbc.com\)](#)

FSI offers various Family Hangouts and Learning Explorations.

- **Family Hangouts:** A safe space for families and caregivers to come together for support, inspiration, and troubleshooting. Sessions are either themed or open for general conversation.
- **Learning Explorations:** Free online sessions that offer families, individuals, and professionals the chance to learn, connect and share on a variety of topics.

PLEASE NOTE: All FSI Zoom sessions can be accessed by telephone. If you need assistance registering for any session, please call our office at 1-800-441-5403.

[Kinsight – In-Person- Youth Leadership Group](#) | Thursday May 16 & 23 from 6:30 to 8:30 PM | Port Moody | View Online: [FISP Youth Leadership Group May 2024 \(constantcontactpages.com\)](#)

Join us for a series of Youth Leadership events offered to youth between the ages of 14 and 19, happening twice monthly from September to December. Each month, the group will meet for an initial session at the Tri-Cities Children’s Centre to plan an outing related to things that matter to them. The second session of each month will be heading out into the community to complete the event planned in the first session.

[North Shore Disability Resource Centre- Supporting Transition Adult Group Education \(STAGE\)](#) | North Vancouver | View Online: [community-based services - NSDRC](#)

This is a weekday service for transitioning adults with disabilities who have completed high school. STAGE is a transition service for young adults (ages 19 to 26) who have completed high school and are looking for continuing education opportunities.

The program offers small group classes such as:

- Work experience/Volunteering
- Broadcasting/Social Media
- Woodworking
- Property Maintenance
- Gardening
- Cricut Design
- Dance/Yoga/Meditation
- Social Skills
- Cooking

Participants must be able to take public transit with a minimal amount of assistance, as much of the program is designed to take place in the community.

North Shore Disability Resource Centre- Zoom Adult Program (ZAP) | Online | View Online: [community-based services - NSDRC](#)

ZAP is a virtual service, on Zoom, for adults with disabilities who are isolated and want to socialize. This program is designed for individuals who want to improve their academic, vocational, life skills and social life during the COVID 19 pandemic. It is free of charge and self-referrals are accepted.

To access the ZAP Program contact Cathy Verge, Program Manager at 604-240-1277.

Port Moody – Adaptive Soccer from 6 to 19 Years Old | View Online: [Adaptive Soccer / Team Programs | Port Moody Soccer](#)

The Port Moody Soccer Club is very proud to offer our Adaptive Soccer Program for all youth with abilities / disabilities. This program is offered to any child from ages 6-19, and is suitable for any player who may not be best suited in our primary soccer pathway.

Purpose – Burnaby – Schedule of Events Calendar | View Online: [Burnaby YOUTH HUB – Lower Mainland Purpose Society for Youth and Families](#)

At the Burnaby Youth Hub, we offer drop-in support services, empowering youth to access community resources and engage in crisis and goal-oriented counseling. Our committed youth workers address various issues such as alcohol and drug misuse, family conflicts, relationships, and school-related challenges. Services include access to teachers, counselors, nurses, doctors, and an emergency food bank.

On Wednesdays from 3:30 to 5 PM at the Burnaby Youth Hub Income Assistance and PWD applications are supported by a worker from the Ministry of Social Development and Poverty Reduction.

Purpose – New Westminster – Youth Hub Schedule of Events Calendar | View Online: [New Westminster YOUTH Hub – Lower Mainland Purpose Society for Youth and Families](#)

Welcome to the New West Youth Hub, a vibrant and inclusive community space dedicated to empowering young individuals aged 12-25. The hub is designed to provide a supportive environment where youth can access a range of essential resources, opportunities, and services that promote personal growth, skill development, and overall well-being.

Square Peg Society – Upcoming Events Calendar | View Online: [Welcome - Square Peg Society](#)

We know that ASD individuals want to live as independent adults, in communities where they feel respected and included. We assist ASD adults in achieving this goal, by building confidence, pride, and skills, within our community, and by increasing inclusion, engagement, and participation, within our community and with society at large. To support this, we offer a list of monthly for consideration.

UBC – CampOUT! For Youth 14 to 21 | View Online: [Come to Camp | UBC CampOUT](#)

CampOUT! is for youth ages 14-21 who identify as queer, trans, two-spirit, intersex, asexual, lesbian, gay, genderqueer, questioning, or as allies to the LGBTQ2S+ community who live in BC or the Yukon. Some of our campers identify as LGBTQ, some as children of gay parents, or as siblings of LGBTQ individuals, some as Two-Spirit indigenous people. Other campers are interested in learning to be better allies to BC's queer and trans communities. Some of our campers experience struggle around their identity and/or orientation and others are less conflicted with these issues and are interested in being present in a celebratory space that welcomes ALL of who they are.

Unique Get Together Society - Summer Camp | View Online: [Summer Camp \(uniquegettogethersociety.com\)](https://uniquegettogethersociety.com)

For children of all abilities & cultures at UGTS, your child's ability is the only thing we see! Our goal is to empower him/ her to realize their full social, emotional and educational potential ... and we do it in a fun, safe, and nurturing space! Our camps are socially distanced, outdoor day trips!

Youth Alliance for Intersectional Justice | View Online: [Social Programs \(yajj.org\)](https://yajj.org)

We are a Black youth-led collective of Black and racialized neurodiverse youth, adults (with and without disabilities), and allies. Our mission is to create and support Afro-centered safe spaces in which Black and racialized neurodiverse youth can navigate the education, technology, and entrepreneurial systems through meaningful, engaging and community supported youth led projects, programs, and research. Our programing includes:

- Art Program
- Music Workshops
- Healthy Relationships
- Understanding Your Rights
- Go Karting

Zajac Ranch Camps – For ages 7 to 17 & 18 to 40 | View Online: [Schedule - Zajac Ranch](#)

For 19 years, Zajac Ranch for Children has remained wholeheartedly committed to our promise of making a positive impact on children. We continue to develop and operate the most innovative medical camp where everything is accessible and inclusive and where everyBODY can participate. Since 2004, we have provided a place of INSPIRATION, HOPE, and AccessABILITY where kids can concentrate on the main purpose of camp: having fun and making friends.

3.0 Education (Post-Secondary) Resources & Supports

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BC Community Alliance – Supports for Student Learning Program for Black Youth | [View Online: Student Support Learning Program | BC Community Alliance](#)

The Supports for Student Learning Program (SSLP) is a no-cost after school program with mentorship for Black Youth in BC. Students who complete the program will compete for scholarships

BCIT – Transition into Post-Secondary Studies (TIPS) | [View Online: Transition Into Post-Secondary Studies \(TIPS\) \(MOOC 0100\) - BCIT](#)

The transition process to post-secondary education can be exciting as well as confusing and even a little intimidating. This course was designed to guide you through the planning required, and to provide you with the information, knowledge and skills that will help you confidently start your journey into post-secondary education, campus life, your practicum experiences and beyond.

Capilano University – Education and Employment Access Certificate | [View Online: Education and Employment Access Certificate - Capilano University](#)

If you're a student living with a learning difference or a social, physical, or mental health challenge we can help you transition from high school to post-secondary education or meaningful employment. This certificate program helps students learn skills to succeed in their future education and/or vocational goals.

Capilano University – Discover Employability Certificate | View Online: [Discover Employability Certificate - Capilano University](#)

The Discover Employability Certificate program at Capilano University is eight months long and helps young adults with learning differences develop the skills employers are looking for. It includes small class size and combines in-class instruction with on-the-job work experience.

Capilano University – Modified Skill Building Courses | View Online: Various Links Below

At Capilano University there are a variety of modified courses offered in specific subject areas including:

- 1) Money and Math | View Online: [DEP 007 - Money and Math - Capilano University](#)
- 2) Social Skills | View Online: [DEP 008 - Social Skills - Capilano University](#)
- 3) Transitions | View Online: [DEP 006 - Transitions - Capilano University](#)

Dan's Diner – Job Skills Training | View Online: [Dan's Diner – Job Skills Training - Dan's Legacy \(danslegacy.com\)](#)

Located in New Westminster, We teach youth ages 18 to 26 in the Lower Mainland. Our goal is to help youth build self-esteem, maintain positive mental health, and secure employment in the food service industry. Students in our 3-month program learn basic cooking skills, food service business management and valuable life skills. The entire program is free of charge. Train and work with us for 3 months, Monday-Friday, 4 hours per day.

Douglas College – Adapted Post-Secondary Programs | View Online: [Vocational Education and Skills Training | Douglas College](#)

Douglas College offers the LIST Program (previously called Basic Occupation Education) trains students for employment in four industry sectors:

- 1) [Electronic and General Assembly](#) (now includes bike assembly)
- 2) [Food Services](#) (now includes barista/food prep training)
- 3) [Retail and Business Services](#)
- 4) [Customer Service and Cashier Training \(CSCT\)](#)

****Even if you believe you're on a waitlist at Douglas College for VEST programs, please go ahead and apply through Education Planner BC.****

Douglas also offers programs to help folks explore what type of work they may want to do in the future:

- 1) [Career and Employment Preparation \(CAEP\)](#)
- 2) [Fit and Ready for Skills Training \(FRST\)](#)

Kwantlen Polytechnic University (KPU) – Pathways to Undergraduate Studies PDF | [View Online: KPU Pathway to Undergraduate Studies | KPU.ca - Kwantlen Polytechnic University](#)

We have recently updated our [Pathway to Undergraduate Studies](#) handout! This handout is a helpful resource for individuals to understand which Pathway option is best suited for them, which step they are eligible for based on their English assessment results, and how they can apply to Pathway at KPU. [Click here to view the handout!](#)

Kwantlen Polytechnic University (KPU) – Literacy Communities Program (LCOM) | [View Online: Literacy Communities | KPU.ca - Kwantlen Polytechnic University](#)

Kwantlen Polytechnic University (KPU) offers its Literacy Communities Program (LCOM) to help students with intellectual disabilities learn and practice primary language, math and computer skills using Individualized Learning Plans.

Kwantlen Polytechnic University – Employment and Community Studies | View Online: [Employment and Community Studies | KPU.ca - Kwantlen Polytechnic University](#)

This program is designed for students with diverse learning needs that hinder educational success. The EACS courses and learning experiences will prepare students for lifelong learning, employment, and community engagement opportunities. Students will participate in hands-on learning and work experience opportunities.

Kwantlen Polytechnic University – Including All Citizens Pathway | View Online: [INCLUDING ALL CITIZENS PATHWAY \(IACP\) | KPU.ca - Kwantlen Polytechnic University](#)

Including All Citizens Pathway (IACP) is a student-centered learning environment where everyone is included and valued on equal basis. It is one of the first for-credit fully inclusive programs to include students with intellectual, developmental, and/or learning disabilities on par with their peers.

Life after High School Transition (LAST) Resource Fair- Save the Date | NEW DATE
Thursday June 06 from 10:30 AM to 12 Noon | Greg Moore Youth Center | For More Info
Email: shelli_silvestri@sd42.ca | View Online: www.lastcommittee.org

Calling all students with extra support needs. You and your family or caregiver can learn more about:

- Post-secondary education
- Employment Services & Agencies
- Recreational & Social Activities
- Financial Planning Advice
- Transportation Assistance
- And More

Get a head start for a smooth transition into your adult life!

NPower Canada – Digital Careers & Digital Career Exploration Workshops | View Online: [NPower Canada Tech Training Programs Accepting Applications](#)

NPower Canada offers free (no cost) tech-training employment programs and IT certifications in British Columbia, Alberta, Ontario, Québec, Manitoba, and Nova Scotia for Canadian job-seekers. Applications are considered on a rolling basis. Want to know what program you qualify for? Use our online recommendation tool.

We are also introducing the Digital Career Exploration workshops for students in grades 11 and 12, designed to complement the BC Career Education curriculum. During these workshops, students will discover how their current passions and interests can tie into diverse tech roles, and discover that post-secondary education is not the only option for launching a career in tech. Workshops are free and available online or in person.

For more information and to register, contact mary.finch@npowercanada.ca

Queer ASL – May to July- Registration Now Open | Course Starts May 26, 2024 | View Online: [Register for a Class! \(queerasl.com\)](#)

Below you will see all the classes we have for this upcoming cycle (click on a class to see more details and a link to the registration form). This cycle we will be offering our general 101-104 classes, 101-103 classes for QTBIPOC folk (including 101 PWD), and 101-104 PWD classes that are centered around disabilities. PLUS we have a brand new offerings: GAMES. Click on a post-level game class below for more information.

StudentAidBC | View Online: [I have a disability: Full-time studies | StudentAid BC](#) or [I have a disability: Part-time studies | StudentAid BC](#)

Review a list of proposed programs that might be helpful if you have a documented permanent disability (such as PWD) or a persistent prolonged disability and will be studying at a designated post-secondary institution. Supports include a list of:

- Provincial grants and bursaries;
- Federal grants and bursaries; and
- Additional BC based accessibility and communication post-secondary supports

Telus Friendly Future Foundation – Bursary | View Online: [TELUS Student Bursary | TELUS Friendly Future Foundation](#)

The TELUS Student Bursary provides financial assistance to deserving young people across the country who are committed to giving back in their local communities by taking on a social impact project. Recipients receive a bursary valued at \$3,000 (college) or \$5,000 (university) to put toward tuition fees at post-secondary institutions in Canada.

University of the Fraser Valley – Workplace TASK Program | View Online: [Workplace TASK - University of the Fraser Valley \(UFV\)](#)

Located at the Chilliwack Campus, UFV's Workplace TASK is an eight-month program that offers students with disabilities the opportunity to learn self-management and employment skills. It is a full-time program that runs four days a week from 8:30 to 2:30 each day from September to late April, in a safe and supportive classroom setting. And, depending on your personal circumstances, funding may be available to cover tuition costs, books, and supplies.

Vancouver Community College – Community and Career Education Department Programs | View Online: [Adult special education - Vancouver Community College \(vcc.ca\)](#)

VCC's Community and Career Education (CACE) Department offers adult special education [programs and courses for students with disabilities](#). Areas of study include:

- 1) [career awareness and exploration](#),
- 2) [food service careers](#),
- 3) [retail and hospitality](#),
- 4) [computer applications, literacy, and numeracy](#).

Group tours are also welcome.

Vancouver Island University – Cooperative Entrepreneur Training Certificate
(Online/Virtual) | View Online: [Cooperative Entrepreneur Training Certificate Program | Vancouver Island University | Canada \(viu.ca\)](#)

Are you or someone you know gifted with an exceptional talent or business idea but face barriers to employment? Vancouver Island University offers a unique opportunity that might be the perfect fit. The Cooperative Entrepreneur Training Program (CETP) is designed to empower individuals with disabilities or other employment barriers to turn their entrepreneurial dreams into reality.

Violence is Preventable – School-Based Intervention Program | View Online: [VIP – BC Society of Transition Houses \(bcsth.ca\)](#)

Violence Is Preventable (VIP) is a free, confidential, school-based violence prevention program for students in grades K-12. VIP presentations are delivered by [PEACE](#) counsellors. Presentations increase awareness of the effects that domestic violence has on students while connecting those experiencing violence to [PEACE Program](#) counselling.

4.0 Employment & Volunteer Opportunities & Job Skill Training Programs

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Aunt Leah's – Volunteer Opportunities | View Online: [Volunteer With Us | Aunt Leah's Place \(auntleahs.org\)](#)

Volunteers are critical to the success of our programs and to the lives of the young people we help. There are many ways you can make a difference. If you are interested in

volunteering with us, please contact our Volunteer Coordinator, Hope Rayson at hrayson@auntleahs.org. Volunteer opportunities include:

- 1) Thrift Store
- 2) Donation Centre
- 3) Tree Lots (Seasonal)
- 4) Other

BC Centre for Ability – Adult Employment Supports | View Online: [Adult Employment Services - BC Centre For Ability | BCCFA \(bc-cfa.org\)](#)

The BC Centre for Ability believes that every person with a disability is a valued member of the community. Employment can be key to realizing that value. Not only is it important for living with dignity and respect, organizations and workplace teams benefit when everyone is included and participates to their ability.

BC Technology for Learning Society | View Online: [About Us | BC Tech for Learning \(reusetechbc.ca\)](#)

BC Technology for Learning Society is a [registered charity](#) accepting donations of used computers (and other tech devices), youth on work experience placements are hired to refurbish the computers for distribution back to BC-based non-profits, schools and low-income individuals. 195,000 to date!

Community Services – Maple Ridge Supported Volunteer Program | View Online: [Supported Volunteer Program | Community Service Program | Community Services Maple Ridge & Pitt Meadows \(comservice.bc.ca\)](#)

The key focus of this program is to assist adults with developmental disabilities to integrate more fully into our community by way of a volunteer position in a non-profit agency.

Douglas College – Voice Employment Program for BIPOC Folks with Disabilities | View Online: [VOICE Employment Program | Douglas College](#)

Welcome to VOICE (Vocational Opportunities, Inclusion, and Career Empowerment), a transformative program dedicated to supporting BIPOC individuals with disabilities on their path to meaningful employment or self-employment.

Intersections Media for Youth Society – Film and Employment Virtual Training Workshops | View Online: [Home \(intersectionsmedia.com\)](#)

For youth between the ages of 19 and 29, Participants are paid minimum wage during the course of the workshop (40 hours per week). All program and support materials will be provided, and certifications are paid for on the participants' behalf.

One of the requirements for participation is that youth not be on PWD and we can discuss how your PWD benefits can be suspended temporarily to allow you to remain eligible to participate in this program.

Pathfinder Youth Society – Employment Beginnings | Hybrid | Maple Ridge | View Online: [Employment Beginnings Program- Maple Ridge — Pathfinder Youth Centre Soc \(pathfinderyouthsociety.org\)](#)

This 9-week program helps youth, ages 16 to 30 & currently not attending school during the day, to build their self-confidence and self-esteem while gaining viable skills that could lead to full-time employment. It includes one to one support followed by 6 weeks of paid work experience. Six certifications can be acquired including:

- 1) First Aid
- 2) WHMIS
- 3) Food Safe
- 4) Serving it Right
- 5) Super host

6) Café Essentials

posAbilities Employment Service – First Aid & CPR / AED Training | Email: employment@posabilities.ca

Liane brings over 20 years of experience supporting individuals with diverse abilities to build new skills. As a certified instructor, Liane will aim to provide First Aid course that engage participants through hands-on skill development, role play scenarios, media aids, as well as both group and individual work.

Classes typically run over 2 days, 5.5 hours per day and the costs can vary between \$175-\$225. Any youth supported by CLBC supports in Vancouver Coastal East and who is served by posAbilities, can access the First Aid training for free.

Regional Animal Protection Society – Volunteer Opportunities | View Online: [Regional Animal Protection Society » Volunteer \(rapsbc.com\)](https://www.rapsbc.com)

We always welcome new volunteers. If you can dedicate just a few hours of your week, we need volunteers to work directly with animals, to participate in vast amount of cleaning, assist in every area of operations and to help at our Thrift Stores. Volunteering with RAPS is a meaningful way to make a tangible contribution to the lives of animals – whether you volunteer directly with the animals or not!

Triangle Community Resources – Employment Programs | Maple Ridge | View Online: [Home - Triangle Community Resources \(triangleresources.com\)](https://www.triangleresources.com)

At Triangle, we believe that people need people and are committed to safely delivering in-person services, with the ability to adapt to virtual. Call one of our offices or send us an email through our contact us page. Let us help You find Your Motivation! Our programs include:

- 1) Future for Youth Program
- 2) The Rite Program
- 3) The Rise Up Program
- 4) Understanding Anger Course

Volunteer Burnaby – Supported Volunteering – Special Needs Access Program | [View Online: Supported Volunteering – Special Needs Access Program - Volunteer Burnaby](#)

Based on our values, we introduced in 1993 the Special needs Access Program (SNAP) today supported by Community Living BC. Our program supports people with mild to moderate developmental disabilities by helping them find meaningful volunteer positions within their community in both Burnaby and New Westminister.

WorkBC Centres – Location Search | [View Online: People with Disabilities | WorkBC](#)

There are WorkBC centres across the province available to help you find your next job and support customized employment to those living with the labels of intellectual and developmental disabilities. WorkBC Centres include:

- Burnaby Brentwood | [View Online: WorkBC Burnaby-Brentwood \(workbccentre-burnaby-brentwood.ca\)](#)
- Burnaby Edmonds | [View Online: WorkBC Burnaby-Edmonds \(workbccentre-burnaby-edmonds.ca\)](#)
- Burnaby Metrotown | [View Online: WorkBC Burnaby-Metrotown \(workbccentre-burnaby-metrotown.ca\)](#)
- Coquitlam | [View Online: WorkBC Centre Coquitlam \(workbccentre-coquitlam.ca\)](#)
- Maple Ridge | [View Online: WorkBC Centre Maple Ridge | WorkBC Centre Maple Ridge \(workbccentre-mapleridge.ca\)](#)
- New Westminister | [View Online: WorkBC Centre – New Westminister \(workbccentre-newwestminster.ca\)](#)
- Port Coquitlam | [View Online: WorkBC Centre Port Coquitlam \(workbccentre-portcoquitlam.ca\)](#)

- Port Moody | View Online: [WorkBC Centre Port Moody \(workbccentre-portmoody.ca\)](https://workbccentre-portmoody.ca)
- WorkBC Apprentice Services | View Online: [WorkBC Apprentice Services |](#)

5.0 Financial, Food Security, Housing & Living Supports

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Autism BC Meets – Neuro-divergent Living Network | 3rd Monday of the Month | May 27, 2024 at 10 AM | View Online: [AutismBC Meets: Neurodivergent Living Network — Events — AutismBC](#)

This Meets, a new group, aims to build a community of support for the daily living activities of all types of neurodiverse and neurodivergent families. We welcome autistic adults, parents of ASD children, partners of autistic adults, [chosen family](#), and anyone looking to make their homes and communities neuro-friendly. So, bring a warm cup of tea and your best advice. Together, we will work on executive function challenges and build routines that actually work for your neurodivergent family.

Autism Support Network – Punjabi Autism Support Meeting | May 8, 2024 at 10 AM | View Online: [Punjabi Autism Support Meeting/ਪੰਜਾਬੀ ਆਟਿਜ਼ਮ ਸਪੋਰਟ ਮੀਟਿੰਗ Tickets, Wed, 8 May 2024 at 10:00 AM | Eventbrite](#)

This event is online on Wednesday, May 8, 2024, at 10 am. Click [HERE](#) to register for the Zoom link and password. Join us for an online support meeting facilitated by Deepika, The ASN'S Punjabi-speaking Parent Information Agent, who can share valuable insights on how to successfully implement and manage quality treatment programs and access the right support systems for your child diagnosed with Autism.

BC Food Banks – Find a Food Bank Directory | View Online: [Find a Food Bank | Food Banks BC](#)

To find a member food bank in your community click on the map for the locations or check by city. No food bank in your community? Check with the nearest location to you. Sometimes our rural members have additional depots in nearby communities too.

BC Housing – Housing Lists | View Online: [Housing Listings PDFs | BC Housing](#)

To increase your chances of securing [rental subsidized housing](#), we recommend that you:

- 1) Apply online directly to [The Housing Registry](#); AND
- 2) Apply directly with non-profit societies and co-operatives who manage their own application lists.

BC Renter's Tax Credit | View Online: [B.C. renter's tax credit - Province of British Columbia \(gov.bc.ca\)](#)

Starting for the 2023 tax year, a renter's tax credit based on annual income has been introduced. For 2023 this tax credit will give \$400 to low- and moderate-income renter individuals and families with an [adjusted income](#) of \$60,000 or less. Individuals and families with an adjusted income greater than \$60,000 and less than \$80,000 may receive a reduced amount. You claim your renter's tax credit on your [T1 Income Tax and Benefit Return](#).

Canada Revenue Agency- Disability Tax Credit (DTC) | View Online: [How to apply - Disability tax credit \(DTC\) - Canada.ca](#).

You can call 1-800-959-8281 or for TTY 1-800-665-0354 to confirm the current status of your DTC (active or expired) . As of June 2023, the Disability Tax Credit application process

is now fully digital (completion of the T2201 Form, Disability Tax Certificate). Applicants can now complete Part A of the application form online using "My Account." Once this is done, the applicant receives a reference number to give to their medical practitioner who will use it to complete Part B of the form which must be certified and submitted by the medical practitioner.

[City of New Westminster – Community Resources](#) | View Online: See Links Below by Topic

The City of New Westminster provides a range of quick access resource lists including:

- [Food Resource Calendar and Survival Resource Guide](#) (April 2024)
- [Community Health Resources](#) (Feb 2023)
- [Key Information and Resources for Tenants](#) (CNW) (Sept 2022)

[City of New Westminster – Tax Filing Clinics](#) | View Online: nwpl.ca/tax

Need help filing your taxes? Find low-cost and free income tax clinics in New Westminster. There is a mix of virtual, phone, drop-off/pick-up, and in-person options.

[CLBC – Updates for Individuals and Families](#) | View Online: [CLBC Update for Individuals and Families - Community Living BC](#)

The CLBC Update for Individuals and Families is a monthly email newsletter with the latest news from CLBC and government, a self advocate corner, resources for staying connected and supported, as well as events and inspiring stories.

Dial-A-Law – Article- Financial Help for People with Disabilities | View Online: [Financial Help for People with Disabilities | Dial-A-Law \(peopleslawschool.ca\)](#)

People with disabilities have options to get financial help from the government. Learn about the government programs available, and where you can turn to get help and find more information.

Disability Alliance BC Tax Aid – Tax Assistance for People with Disabilities | View Online: [taxaidabc.org](#)

Haven't filed your taxes for years? Don't worry, we can help! Since 2015, advocates with Tax AID DABC have been providing free tax filing support to British Columbians with disabilities.

The good news is people with disabilities and their caregivers may be eligible for different tax credits and deductions that provide financial relief, including the:

- 1) Disability Tax Credit (<http://tinyurl.com/4dddczs2>)
- 2) Child Disability Benefit (<http://tinyurl.com/yyp4zn8z>)
- 3) Disability Supports Deduction (<http://tinyurl.com/y2n9zh7m>).

FamilySmart – Parent Peer Support | View Online: [Parent Peer Support - FamilySmart](#)

We know how important you are, and that you might need some support too. We are also parents of kids with mental health challenges. We are here for you, and we want to help. We provide emotional support, information, resources, and help in navigating services for parents & caregivers of a child, youth, or young adult with a mental health and/or substance use challenge. Our Peer Support services are free. No waitlist. We get it.

Fraser Health – Free and Low-Cost Food Directory (Updated Annually) | View Online: [Free and low-cost food directory - Fraser Health Authority](#)

Search for programs in your community from the attached link. Note, please call before visiting to ensure times and services have not changed. We update this list yearly. Listings provided include the communities of:

- Abbotsford
- Agassiz & Harrison Hot Spring
- Burnaby
- Chilliwack
- Delta
- Hope & Boston Bar
- Langley & Aldergrove
- Maple Ridge and Pitt Meadows
- Mission
- New Westminster
- Surrey
- Tri-Cities

ICBC – Direction for Disputes and Appeals | View Online: [Disputes and appeals \(icbc.com\)](#)

Your experience matters to us. If you have concerns about your claim, we'll do whatever we can to make it right.

Government of Canada – Find a Free Tax Clinic | View Online: [Free tax clinics - Canada.ca](#)

Through the Community Volunteer Income Tax Program (CVITP), community organizations host free tax clinics where volunteers complete tax returns for people with a modest income and a simple tax situation.

Nidus – Representation Agreements | View Online: [Accessibility - Nidus](#)

[Our two Accessibility Project videos are now live!](#) To watch “An Introduction to Personal Planning & Representation Agreements in BC” and “Nidus Registry – An Introduction” – [please visit this page](#). These educational videos feature personal, real-life stories from people across British Columbia, highlighting the usefulness of personal planning and Representation Agreements.

Plan Institute for Caring Citizenship – Webinars & Training List | View Online: [Webinars & Training - Plan Institute](#)

Plan Institute provides support to help people with disabilities live happy, healthy, financially secure lives.

This includes supporting their families and caregivers as they plan for the future. Plan Institute offers a range of free webinars, training sessions, and gatherings, such as:

- [RDSP Webinars: Levels 1 & 2](#)
- [Wills, Trusts, & Estate Planning](#)
- [BC Caregivers Retreat](#)
- [Personal Support Network Facilitation](#)

Be sure to check which dates work for you and to register while space is still open!

Primary Care Network – Burnaby Community Fridge Locations | View Online: [Burnaby Community Fridge - Burnaby Primary Care Networks \(burnabypcn.ca\)](#)

The Community Fridge program provides food in a safe, low barrier and non-judgmental way. It provides a place for people in our neighbourhoods to give and take, to reduce waste and to build our food security in Burnaby. Fridge locations include:

- 1) Tian-Jin Temple Fridge & Pantry
Where: Tian-Jin Temple, [3426 Smith Avenue](#)
Hours of Access: Every day, 24 hours/day

- 2) Parish of St. Timothy Fridge
Where: Parish of St. Timothy, [4550 Kitchener St](#)
Hours of Access: Every day, 24 hours/day

- 3) SFU Fridge
Where: SFU Burnaby, [MBC, Floor 0/7000 level, 8888 University Drive](#)
Hours of Access: Monday-Friday, 7 a.m. – 9 p.m., subject to SFU campus holiday hours and closures.

- 4) BCIT Fridge
Where: BCIT Burnaby, [Building SE2, Floor 2, 3700 Willingdon Ave](#)
Hours of Access: Subject to BCIT's regular campus hours and holiday hours and closures.

Purpose Rent Banks in Burnaby & New Westminister | View Online: [Burnaby Rent Bank – Lower Mainland Purpose Society for Youth and Families](#) | [New Westminister Rent Bank – Lower Mainland Purpose Society for Youth and Families](#)

The Purpose Rent Banks in Burnaby and New Westminister offers low-fee, no-interest, short-term loans to low to moderate-income individuals and families that live in Burnaby and are at risk of eviction or essential utility disconnection due to a temporary and unexpected financial crisis. This helps to increase housing stability and prevent homelessness across the City.

Quest – Non-Profit Grocery Markets | View Online: [HOME - Quest Food Exchange \(questoutreach.org\)](#)

Ensuring families and individuals in need have access to the groceries they want, at prices they can afford. By bridging the gap between food banks and grocery stores, Quest

provides a shopping experience for those in need based on principles of dignity, access, and sustainability.

Senior Housing Navigator | View Online: [Home - Seniors Housing Navigator](#)

Are you a homeowner or organization interested in housing options like home sharing, secondary suites, or coach houses? Explore [Seniors Housing Navigator](#), an interactive website that offers resources and road maps to implementing a variety of housing solutions.

Support Worker Central – Find Support / 121 Workers | View Online: [Home - Support Worker Central](#)

[Support Worker Central](#) is a free, province-wide job board created for people with disabilities and their families who hire their own support staff. The site also shares [guidance on hiring staff](#), legal obligations, necessary paperwork, and other valuable information needed when becoming an employer. There are currently over 500 profiles of people looking for work on Support Worker Central.

This Worlds Ours – Caring Creative – 4 Week Art Therapy Group for Parents | Vancouver | Thursdays at 10 AM May 9 to 30, 2024 | View Online: [Groups | NE Art Therapy \(arttherapyvancouver.com\)](#)

The Caring Creative group is for parents who are looking to create space for self-care, in community with others. Parenting takes a tremendous amount of energy, and this group is a space to rest, reflect, and recharge.

UBC – Recorded Webinar – Wills & Estates for Indigenous People Part 01: Advance Planning Off-Reserve and Non-Status | View Online: [Wills & Estates for Indigenous People Part 1: Advance Planning Off-Reserve and Non-Status - YouTube](#)

This webinar will address the importance and value of powers of attorney, representation agreements, and wills for indigenous persons living off-reserve/Nation Lands in British Columbia, as well as non-status individuals living on-reserve/Nation Lands. We will cover important considerations that go into preparing these documents, the risks and benefits, and resources for BC residents who want to ensure their wishes are respected both in life and after they pass.

Vela – Individualized Funding Explained | View Online: [Individualized Funding for People with Disabilities \(velacanada.org\)](#)

Individualized Funding (IF) is a payment option for people served by Community Living BC (CLBC). IF lets you use the money given to you by CLBC to create new, different kinds of services that will support you in your community. With IF the person can be their own Agent or choose a trusted family member or friend to be the Agent.

6.0 Health & Mental Wellness

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BC Health Connect Registry – Find a Primary Care Provider | View Online: [Health Connect Registry | HealthLink BC](#)

To be matched with a primary care provider, you can now register through [BC's Health Connect Registry](#). When you register, you are added to a centralized registry of primary care providers across your community. Registration takes less than 10 minutes. You need to provide:

- 1) Personal Health Number (PHN), found on your BC Services Card
- 2) Home address
- 3) Email address and phone number

BC Hydro – Apply for a Free Portable Air Conditioner | View Online: [Free portable air conditioners \(bchydro.com\)](https://www.bchydro.com/energy-residential/free-portable-air-conditioners)

If you live in an [income-qualified household](#) and/or have received a recommendation letter from your regional health authority's Home Care Program you may be eligible for a free portable air conditioner (AC). This program is available year-round and customers who apply during the winter and fall will have their evaluations completed and receive their unit sooner than during warmer months. Homeowners can also choose to self-install their units, which may help in receiving a unit quicker, during summertime.

Burnaby Primary Care Networks – Mental Health Resource Directory | View Online: [Burnaby Mental Health Resource Directory - Burnaby Primary Care Networks \(burnabypcn.ca\)](https://burnabypcn.ca/mental-health-resource-directory)

Are you seeking mental health support in Burnaby? Connect with available resources. You can view these resources as a searchable index in the 'Table' tab, or explore a visual overview by clicking on the 'Map' tab.

Please note that this collection of resources is updated periodically, with the help of our network of partners. If you would like to submit a new resource or inform us of any updates to existing resources, please use the submissions form. We appreciate your help in connecting our community with available support!

Child and Youth Mental Health | View Online: [Child & Youth Mental Health Intake Clinics - Province of British Columbia \(gov.bc.ca\)](https://www.gov.bc.ca/child-youth-mental-health-intake-clinics)

Walk in intake assessment for mental health concerns – Calling ahead to arrange videoconferencing is preferred at this time – After assessment, children and youth are either seen at CYMH for counselling or referred to another appropriate agency for support. Locations include:

- 1) CYMH Burnaby (Brentwood)
701-1901 Rosser Avenue | Burnaby | 778-572-2370
- 2) CYMH Burnaby (Metrotown)
201-7645 Kingsway | Burnaby | 604-660-9544
- 3) CYMH New Westminister
201-1065 Columbia Street | New Westminister | 604-660-9495
- 4) CYMH Ridge Meadows
22323 119 Avenue | Maple Ridge | 604-466-7300
- 5) CYMH Tri-Cities
300 – 3003 St Johns Street | Port Moody | 236-468-2373

Foundry Maple Ridge BC – Activity Calendar | View Online: [Ridge Meadows - Foundry - \(foundrybc.ca\)](https://foundrybc.ca/ridge-meadows)

Foundry Ridge Meadows provides integrated health and social services for young people 12-24 in Pitt Meadows, Maple Ridge & Katzie First Nation! Previously known as Youth Wellness Centre, Foundry Ridge Meadows provides mental health and substance use support, peer support, primary care, and social services from a single place.

Fraser Health – How to Create a Do-It-Yourself Air Cleaner | View Online: [Single Filter \(youtube.com\)](#)

Dr. Emily Newhouse Medical Health Officer with Fraser Health shows how you can make a simple do it yourself (DIY) air cleaner. Air cleaners can provide some assistance especially during wildfire season.

Fraser Region – List of Urgent and Primary Health Centres | View Online: [Urgent and Primary Care Centre - Fraser Health Authority](#)

An Urgent and Primary Care Centre (UPCC) is a medical facility that provides:

- Provides care for urgent, non-life-threatening medical concerns when you are unable to see your family practitioner or access a walk-in clinic in a timely manner.
- Assesses your health care needs and helps connect you with the appropriate services, at the UPCC or in the community.
- A UPCC is not intended to replace family physicians and nurse practitioners as a person's first point of contact for health concerns.

HandyDART | View Online: [BC Transit - Register | handyDART | BC Transit](#) | Application Form Link: <https://www.bctransit.com/documents/1529721190548> | Simplified Form Instructions Link: [Click Here](#)

HandyDART is a door-to-door, public ride service that uses specially equipped vehicles designed to carry passengers with disabilities who are unable to use regular public transit without assistance. The driver will come to your home, help you board the vehicle, and get you to the door of your destination safely. Please note that HandyPASS is a separate benefit and useful in that it allows an attendant riding with a youth to ride for free on a fixed route bus. It also allows for participation in the taxi saver program.

Healing in Colour- Therapist Directory | View Online: [Therapist Directory — Healing in Colour](#)

This directory is meant to make your search for a BIPOC therapist easier. You can search by languages spoken, indigenous identities, billing type (including sliding scale), and more.

Healing in Colour is not able to make any endorsements or guarantees regarding the practitioners listed. You are encouraged to visit their websites and ask them any questions you may have to determine that their services are the right fit for you.

Moving Forward Family Services – Moving Forward Program | View Online: [Get Started | Moving Forward Family Services](#)

The Moving Forward Program is a free 12-session psycho-education and coaching program based on cognitive behavioural therapy, solution focused therapy, positive psychology, and mindfulness. These sessions can be delivered one to three times per week over the phone or online. Topics include depression, anxiety, stress management, healthy relationships, and healthy coping strategies. Note this is a one-to-one coaching program and not intended for deep clinical counselling work. Minimum age is 16 to participate.

Multicultural Mental Health Resource Centre | View Online: [Welcome - MMHRC \(multiculturalmentalhealth.ca\)](#)

Responding to Cultural Diversity in Mental Health. The MMHRC provides resources in multiple languages to support culturally safe and competent mental health care for Canada's diverse population.

Neurodivergent Counselling Services – BC Neurodivergent Counsellors List | View Online: [Find a Neurodivergent Counsellor \(neurodivergentcounselling.ca\)](https://neurodivergentcounselling.ca)

This searchable database of neurodiversity-affirmative neurodivergent counsellors is provided as a service to the neurodivergent community in British Columbia.

Options for Sexual Health – Sex Sense | View Online: [Sex Sense - Options for Sexual Health](#)

Sex Sense is a free, pro-choice, sex-positive, and confidential** service. Our team of registered nurses, counsellors, and sex educators offer information and resources on sex, sexuality and sexual health, for people living in British Columbia and the Yukon, Canada.

PLEA and Purpose – TransSupport Group for Youth & Families | View Online: [TransSupport - PLEA Community Services](#)

We provide free, confidential, and voluntary support sessions for transgender youth aged 25 years and under. Separate sessions for parents and family members take place at the same location (different room), at the same time.

Province of BC – Book a Pharmacist Online for Minor Ailments and Prescription Contraceptives | View Online: [See a pharmacist for minor ailments or contraception - Province of British Columbia \(gov.bc.ca\)](#)

B.C. residents can [book an appointment](#) to see a pharmacist for 21 [minor ailments](#) and prescription [contraceptives](#).

Provincial Language Services | View Online: [Provincial Language Services \(phsa.ca\)](https://phsa.ca)

Provincial Language Services offers high quality language access services to health authorities, family practice practitioners, specialist offices, and other allied health professionals. Services that Provincial Language Services provides:

- 1) [Interpreting](#)
- 2) [Deaf, Deaf-Blind & Hard of Hearing](#)
- 3) [Francophone](#)
- 4) [Translation](#)

Qmunity – GAB Youth Drop-Ins | Online Sessions Wednesdays 4 to 5 PM | Contact: youth@qmunity.ca for details and Zoom link

A youth drop-in for 2SLGBTQIA+ youth ages 14 to 25, a community-oriented space where youth can hang out and seek support. Activities include games, crafts, as well as the opportunity for open hangout time with peers.

Real Talk – Connecting Queer Communities Social Group | View Online: [CONNECTING QUEER COMMUNITIES - Real Talk \(real-talk.org\)](https://real-talk.org)

Connecting Queer Communities (CQC) is a social group for 2SLGBTQIA+ folks with cognitive disabilities to connect with each other, and with the broader queer community of the Lower Mainland.

Vancouver Black Therapy & Advocacy Foundation | View Online: [VBT&AF \(vancouverblacktherapyfoundation.com\)](https://vancouverblacktherapyfoundation.com)

VBT&AF is a non-profit organization connecting Black community members in need to mental health resources such as free therapy and advocacy services. They help low-income, newcomer, LGBTQIA+ and disabled Black folks in BC access therapy.

Virtual Physicians at HealthLink BC | View Online: [Virtual Physicians at HealthLink BC | HealthLink BC](#)

HealthLink BC's virtual physicians provide confidential health information and advice. HealthLink BC's virtual physicians are doctors from across British Columbia. They can help you stay healthy, get better, manage chronic conditions, and seek further treatment, if needed.

Volentia Healthcare Translation | View Online: [Home | Volentia](#)

Volentia is pushing for a more equitable medical culture by providing patients and clinics with interpreter services, at no cost. You can access volunteers pre-vetted to provide

Volunteer Cancer Drivers Society | View Online: [Volunteer Cancer Drivers Society – Transportation services for cancer patients living in Greater Vancouver and the Fraser Valley](#)

The Volunteer Cancer Drivers Society is a not-for-profit organization providing complimentary transportation for Greater Vancouver and Fraser Valley residents battling cancer. Our team of volunteer drivers and dispatchers offers peace of mind for patients who may not have the means to drive to and from essential cancer treatments and cancer related medical appointments.

We Are Medicine - 5 Part Learning Journey | View Online: [we are medicine](#)

Everyday Canadians are learning how we are medicine to end violence. We invite you on a self-paced, 5-part learning journey to discover how you are medicine to end violence in your home, your community, and your workplace. Our learning journey offers you a practical guide to end violence in Canada that is supported by 90 minutes of video content

led by Indigenous Wisdom Carriers from across Turtle Island and the Moose Hide Campaign.

7.0 Indigenous Programs, Events & Supports Resources

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Aboriginal Housing Management Association | View Online: [What We Do – Aboriginal Housing Management Association \(ahma-bc.org\)](#)

Through funding and operating agreements with Indigenous housing providers, AHMA provides For Indigenous, By Indigenous support for housing societies dedicated to serving Indigenous people in BC. AHMA members provide homes and services for nearly 10,000 Indigenous individuals and families living off reserve across the province.

ACCESS – Available Training Programs | View Online: [ACCESS - Aboriginal Community Career Employment Services Society - Training Opportunities \(accessfutures.com\)](#)

ACCESS lists their current training program openings for Indigenous Peoples – Status, Non-Status, Metis, and Inuit peoples.

All Nations Trust Company – Pathways to Technology Program | View Online: [Trust Services | All Nations Trust Company \(antco.ca\)](#)

Pathways to Technology, a project managed by All Nations Trust Company, is an initiative to bring affordable and reliable high-speed Internet to all 203 First Nations in BC. We're working to ensure First Nations people can connect with the world no matter where they live.

BCANDS – Disability Organizations Support Page | View Online: [DISABILITY ORGANIZATIONS IN BRITISH COLUMBIA | \(bcands.bc.ca\)](#)

BC Aboriginal Network on Disability Society (BCANDS) lists a range of disability support organizations searchable by category including:

- Advocacy
- Arts and Culture
- Children and Family
- Education and Employment
- Employment and Training
- Health and Wellness
- Mobility
- Recreation and Leisure
- Technology and Assistive Devices

BC Metis Federation – Emergency Assistance Program | View Online: [Emergency Assistance Program - BC Métis Federation \(bcmetis.com\)](#)

The Emergency Assistance Program is for Full Members of the BC Métis Federation only (Associate Members are not eligible). If your membership is expired, please renew your membership before applying for assistance

CBC - Podcast – Missing & Murdered | View Online: [Missing & Murdered: Finding Cleo | CBC Podcasts | CBC Listen](#)

MISSING & MURDERED is a CBC News original podcast hosted by CBC News investigative reporter Connie Walker.

City of New Westminster – Red Dress Day Event | Sunday May 5, 2024 | View Online: [Red Dress Day 2024 | City of New Westminster \(newwestcity.ca\)](#)

Red Dress Day honours the memory and lives of Missing and Murdered Indigenous Women, Girls, and 2-Spirit+ people across Canada and the US.

First Nations Health Authority – Updates to Mental Health Counselling Programs | View Online: [Updates to Mental Health Counselling Programs \(fnha.ca\)](#)

The First Nations Health Authority (FNHA) works closely with funding partners and community to carefully evaluate the sustainability and cultural safety of First Nations Health Benefits and Services (FNHBS) programs for Clients. As a result of this review, there have been several updates to the Mental Health programs and services, effective April 15, 2024.

First Nations Health Authority – Virtual Doctor of the Day | To Book Appointments Call: 1-855-344-3800 | View Online: [First Nations Virtual Doctor of the Day \(fnha.ca\)](#)

The First Nations Virtual Doctor of the Day program enables First Nations people in BC with limited or no access to their own doctors to make virtual appointments. The intent of the program is to enable more First Nations people and their family members to access primary health care closer to home.

First Peoples Law – Indigenous Law Student Scholarship | Deadline: July 31, 2024 | View Online: [Indigenous Law Student Scholarship | First Peoples Law LLP](#)

As part of our commitment to supporting the development of Indigenous lawyers, First Peoples Law is offering a scholarship in the amount of \$10,000 to an Indigenous law student with a demonstrated interest in serving and advancing the interests of Indigenous Peoples.

Fraser Region Aboriginal Friendship Centre – Traditional Elder Counselling | View Online: [Traditional Elder Counselling – Fraser Region Aboriginal Friendship Centre \(fafca.org\)](https://www.frafca.org)

Elders are integrated throughout all FRAFCA programming. Families who would benefit from extra support may access elders for 1-on-1 spiritual guidance, support, and counselling.

Program Services

- One-on-one spiritual guidance, support, and counselling
- Support accessing traditional medicines and healing modalities
- MCFD referred clients only

Fraser Valley Metis Association – Red Dress Day Event | Abbotsford | Sunday May 5, 2024 | View Online: [Red Dress Day Event | May 5, 2024 between 10 am to 3:30 pm | Fraser Valley Metis Association \(fvma.ca\)](https://www.fvma.ca)

In collaboration with the City of Abbotsford, the Fraser Valley Metis Association wants to bring awareness to the over-representation of Indigenous Women and Girls within our justice system.

Hope for Wellness Helpline | Call: 1-855-242-3310 | View Online: [Home - Hope for Wellness Helpline](https://www.hopewellnesshelpline.ca)

Hope for Wellness Helpline is available 24/7 to all Indigenous people across Canada. Whether you prefer to talk to someone on the phone or online, we're here to support you anytime.

Indigenous Adult and Higher Learning Association | View Online: [INDIGENOUS ADULT AND HIGHER LEARNING ASSOCIATION – Quality Indigenous Institutes Advancing Knowledge \(iahla.ca\)](#)

IAHLA represents more than 40 Indigenous adult and post-secondary educational institutes in British Columbia.

iSparc – RISE Grants for Individuals | View Online: [RISE Grants for Individuals – ISPARC Move | Play | Compete](#)

The Province of British Columbia and the Indigenous Sport, Physical Activity & Recreation Council (I-SPARC) believe in the power of sport, physical activity, recreation, and culture. The RISE Grants will support ALL Children and Youth in and out of Care, who wish to participate in a sport, physical activity, recreation, and/or cultural program opportunity.

Kevin Lamoureux – Recorded Ted Talk – A Beginner’s Guide to Decolonization | View Online: [A Beginner's Guide to Decolonization | Kevin Lamoureux | TEDxSurrey \(youtube.com\)](#)

Decolonization is a word that is often met with resistance. Too often discussions about decolonization lead to unnecessary fear or hostility. There is another possibility. Decolonization can be an invitation for all Canadians to be a part of something good and to leave behind a better version of Canada for generations to come.

KUU-US Crisis Line Society | Call: 1-800-588-8717 | View Online: [Home | KUU-US Crisis Line Society Indigenous BC Wide Crisis Line Port Alberni](#)

The KUU-US Crisis Line Society is a non-profit registered charity that provides 24-hour crisis services through education, prevention, and intervention programs.

Laurel Behavior Support Services – Camps and Youth & Young Adult Services | [View Online: Services - Laurel Behaviour Support Services \(laurelbc.ca\)](#)

Our services are individualized and responsive to the needs of children, youth and adults with and without autism and other intellectual disabilities. We work together with families and other members of the support team to increase an individual's independence across a variety of home, school and community settings.

Moosehide Campaign Day | May 16, 2024 | [View Online: Register for Moose Hide Campaign Day | Moose Hide Campaign](#)

Register for Moose Hide Campaign Day May 16, 2024 - our national day of action. By joining the Moose Hide Campaign you are part of the effort to end violence towards women and children.

Province of BC – Agreement on Haida Aboriginal Title | [View Online: Council of the Haida Nation](#)

The Province of B.C. and the Council of the Haida Nation (CHN) stood in HIGaagilda and signed the historic Gaayhllxid • Gíhlagalgang “Rising Tide” Haida Title Lands Agreement, a first-of-its-kind negotiated agreement recognizing Haida Aboriginal title in Haida Gwaii.

Haida citizens have voted to approve the Gaayhllxid/Gíhlagalgang “Rising Tide” Haida Title Lands Agreement. Over 500 votes were cast and attendance at the Special House of Assembly was a record-high. We are excited to announce that 95% of votes were in favour of approving the agreement. Read the signed agreement at the link below.

10 will participate from July 7th – July 13th, 2024. Overall, each student will only be staying at the Vancouver campus for one week.

UBC – Webinar – Healing Inner Voices with Martin Morberg | May 14, 2024 at 10 AM | View Online: [May 14th, 2024 – Healing Inner Voices with Martin Morberg | UBC Learning Circle](#)

Through the lived experiences and voices of eight Indigenous people living with HIV, this poetic short documentary combines storytelling and the healing power of Indigenous culture to reflect on the realities of stigma and discrimination for Indigenous people.

8.0 Intercultural Learning, Events & Resources

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BC Office of the Human Rights Commissioner – Video – Understanding Systemic Discrimination | View Online: [Systemic discrimination - BC's Office of the Human Rights Commissioner \(bchumanrights.ca\)](#)

Systemic discrimination is a major issue in B.C. and Canada, but it isn't well understood. Many people wonder, "how can systems be discriminating?" and "how does systemic discrimination really impact people?" Because of this gap in knowledge, some people have experienced systemic discrimination without realizing it and some have unknowingly created or perpetuated discriminatory systems.

The resources on this page—beginning with a video and discussion guide—are designed to address this knowledge gap.

Burnaby Neighbourhood House – Sharing Cultures Dinner | Thursday May 16, 2024 at 6 PM | View Online: [See attached poster](#)

Are you ready to indulge in the tastes of Philippines? The menu includes Lumpia, Pancit and Turon . Have fun with music and fun activities throughout the dinner! [See attached poster](#) for more details.

Location: Brentwood Park Alliance Church @ 1410 Delta Ave.

Purchase tickets in advance at BNH North and Brentwood House- reception.

- Adults & Youth - \$8
- Children (3-12 yrs. old) - \$5
- kids under 3 yrs. old – Free

CBC – Documentary – Running to India | View Online: [Running To India: A CBC Documentary | CBC.ca](#)

Filmed in 1964, the CBC documentary, Running to India, follows the challenges a Sikh, immigrant family faces in remembering the homeland and dealing with the uncertainties of a new country. This remarkable film archives early immigrant experiences with heart and eloquence

Canadian Centre for Diversity and Inclusion – Webinar- Breaking barriers to inclusion: Asian Heritage Month | May 7, 2024 at 1 PM Eastern Standard Time | View Online: [CCDI Webinar: Breaking barriers to inclusion: Asian Heritage Month](#)

This Asian Heritage Month, we will talk about barriers to inclusion such as - the docility myth, the bamboo ceiling and how the concept of professionalism and leadership is viewed as racial construct. We will also explore ways we can break these barriers to inclusion for a better workplace.

Canadian Centre for Diversity and Inclusion – The 50-30 Challenge | View Online: [UN Global Compact Network of Canada 50-30 Challenge partnership \(ccdi.ca\)](#)

The goal of the 50-30 Challenge is to increase diverse representation in businesses, nonprofits, and institutions across Canada. Organizations can voluntarily [sign up](#) for the 50-30 Challenge and commit to meeting the following targets:

1. 50% representation of women or gender non-binary individuals on boards and/or in senior management roles
2. 30% representation of equity-deserving groups (racialized people, Indigenous Peoples, persons with a disability, and members of the 2SLGBTQI+ community) on boards and/or in senior management roles

Canadian Centre for Diversity and Inclusion – Webinar – Building Inclusion: Jewish Heritage Month | May 16, 2024 at 1 PM Eastern Standard Time | View Online: [CCDI Webinar: Jewish Heritage Month: Building inclusion](#)

Jewish heritage spans a wide breadth of culture, faith, histories, and experiences. Join us as we look at ways to expand and embed a greater culture of inclusion for members of Jewish communities within and across organizations.

Canadian Centre for Diversity and Inclusion – Webinar – Succession Planning for Indigenous Professionals in Canadian Workplaces | June 4, 2024 at 1 PM Eastern Standard Time | View Online: [CCDI & IW present: Succession planning for Indigenous professionals in Canadian workplaces](#)

In this session presented by CCDI and [Indigenous Works](#), hear from a panel of Indigenous experts as they share their insights and experiences on navigating pathways to leadership within Canadian workplaces. From identifying key challenges to discussing effective strategies, our panelists will explore how organizations can implement robust succession planning frameworks that support and retain Indigenous talent and demonstrate their commitment to inclusivity and reconciliation.

Canadian Race Relations Foundation – Building Bridges Workshop | View Online: [Building Bridges Workshops – Canadian Race Relations Foundation \(crrf-fcrr.ca\)](https://www.crrf-fcrr.ca/building-bridges-workshops)

In collaboration with Statistics Canada, the Canadian Race Relations Foundation (CRRF) is launching co-developed workshops to help build bridges across and within communities, as well as between communities and law enforcement. The RCMP, as national Hate Crimes Task Force co-Chair, supports the CRRF and Statistics Canada in the delivery of this important national initiative.

Hate crimes in Canada are on the rise. According to Statistics Canada, from 2019 to 2022, the number of police-reported hate crimes rose by 83%. In addition, the self-reported victimization survey from 2019 shows that approximately 80% of what was perceived by victims as a hate-motivated crime were not reported to police in the 12 months preceding the survey.

Charity Village – Podcast- Is unaddressed conflict derailing your workplace? | View Online: [CharityVillage Connects: Workplace Conflict: The Enemy of Mental Health and Productivity | CharityVillage](https://www.charityvillage.ca/charityvillage-connects-workplace-conflict-the-enemy-of-mental-health-and-productivity)

The impacts of conflict at work are clear - lost productivity, but also stress and lower mental health scores for the staff who experience it. Join us in a new episode of CharityVillage Connects, where we explore how power dynamics, racism and microaggressions, and mounting workloads contribute to workplace conflict, outline an organization's legal requirements to take action, and provide some practical tips to help you address conflict when it happens in your workplace.

Crossroads Chronicles – Developing Skills for Courageous Conversations | View Online: [Crossroads - Access to Media Education Society](#)

Elevate understanding of intersectional equity practices through an interactive story experience that fosters dialogue, reflection, and personal and social transformation. Crafted by youth committed to a more caring and accountable future!

Inclusivity – Webinar – Building an Inclusion Calendar: Where to Start and What to Include | Thursday May 9, 2024 at 11 AM | View Online: [Building an Inclusion Calendar: Where to Start and What to Include - Inclusivity \(inclusivityinsight.com\)](#)

An inclusion calendar is a living document that marks dates of significance, recognition and celebration for people of diverse identities and backgrounds. It helps employees understand one another and promotes the recognition and appreciation of non-dominant social groups within the organization.

But the process of creating an inclusive calendar raises many questions. How does an organization choose which days to recognize? How do they mark or commemorate these occasions? Join us as we discuss some important considerations when building an inclusion calendar that works for your team!

Province of BC – Anti-Racism Legislation | View Online: [Home - Anti-racism legislation \(gov.bc.ca\)](#)

The Province is developing broader anti-racism legislation that builds on the [Anti-Racism Data Act \(ARDA\)](#), which became law in June 2022. This legislation will address the broader challenges of systemic racism, inequity and discrimination in B.C.

Royal BC Museum – Learning Portal – Early Chinese Canadian Experiences in British Columbia | View Online: [Early Chinese Canadian Experiences in BC \(royalbcmuseum.bc.ca\)](https://royalbcmuseum.bc.ca)

What can you find out about Chinese Canadian history using artifacts and documents from the Royal BC Museum? Today, we acknowledge the contributions of the Chinese Canadians in BC's history and how the community has helped to build British Columbia's rich and diverse cultures. Explore this pathway's collection of artifacts, images and research from the Royal BC Museum and Archives.

Royal BC Museum – Learning Portal – Hope Meets Action: How Can We Better Understand the Experiences and Contributions of Black British Columbians to Correct Historical Erasure | View Online: [Hope Meets Action - Learning Portal \(royalbcmuseum.bc.ca\)](https://royalbcmuseum.bc.ca)

This pathway, an online complement to the exhibition Hope Meets Action: Echoes Through the Black Continuum, daylights the living and ongoing history of Black belonging in what is referred to as "British Columbia." The exhibition was created in partnership with the [BC Black History Awareness Society](#) in 2021.

The Hope Inclusion Project – Anti-Oppression Curriculum for School Aged Kids and Youth | View Online: [CLICK HERE](#)

The Hope Inclusion Project (HIP) is thrilled to announce the completion of our Kindergarten to Grade 4 Anti-Oppression Curriculum Together We Thrive (TWT). This project has been at the heart of our work for the past four years. We are excited to present this to you and ask that you share widely. We hope that it will find its way to educators, educational support workers, school trustees, principals, superintendents, and other people working in education. There is no charge for downloading the curriculum but there is an opportunity to donate to the Hope Inclusion Project. The document is stored in a Dropbox account, so it is easily downloaded using the "CLICK HERE" link above.

TJ Fest – Multicultural Festival | May 4 to 5, 2024 | View Online: [TJ Fest \(@tj.fest\)](#) • [Instagram photos and videos](#)

[TJ Fest](#) is a two-day multicultural festival, consisting of performances, Asian street food, market vendors, games and activity areas. The event attracts more than 20,000 attendees each year, and it has become a signature large-scale event in the heart of Burnaby for the past 12 years.

UBC – Online Course – Historical, Systemic and Intersectional Anti-Racism: From Awareness to Action | View Online: [Anti-Racism Awareness Course \(ubc.ca\)](#)

This course will systemically cover and uncover implicit and explicit forms of historic, systemic and institutional racisms and their colonial and intersectional impacts on marginalized peoples and their communities in the past and in contemporary times.

UBC – Managing Fragility and Saviourism Reactions in EDI Work | Wednesday May 22, 2024 at 12 Noon | View Online: [Managing Fragility and Saviourism Reactions in EDI work - Respectful Environments, Equity, Diversity & Inclusion \(ubc.ca\)](#)

In commemoration of BC Anti-Racism Awareness Week, join us virtually on Wednesday, May 22nd, 2024, from 12:00 pm – 1:30 pm (PST) for “Managing Fragility and Saviourism Reactions in EDI work.” In this [It Starts With Us](#) session, we will have a conversation on combating racism in healthcare. Participants will gain valuable perspectives, actionable strategies and renewed inspiration to navigate the complexities of anti-racism work within healthcare settings. The panel will feature Derek Thompson, Maria Hubinette, Oakley Ramprashad, co-moderated by Saleem Razack and Harpreet Ahuja.

Youth Against Hate – Grades 8 to 12 | Monday May 20, 2024 at 10 AM | View Online: [Youth Against Hate - Event - Congregation Beth Israel \(shulcloud.com\)](#)

At Youth Against Hate we will...

- Participate in interfaith dialogue to address discrimination and promote collaboration with peers from various faith groups in our province.
- Stand together as neighbours against all forms of hate.
- Create a safe space for dialogue, understanding and collaboration to establish a more inclusive and harmonious society.

Teens will have opportunities to choose their own sessions (see below) and all will participate in a culminating art project.

9.0 Legal, Advocacy & Rights-Based Supports

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Community Services – Community Law Advocacy Program | View Online: [Community Law Advocacy Program](#) | [Community Service Program](#) | [Community Services Maple Ridge & Pitt Meadows \(comservice.bc.ca\)](#)

The Community Law Advocacy Program provides information, advice, referrals, and representation for a variety of issues including:

- Welfare Issues – Income Assistance and Hardship
- Employment Issues – Employment Insurance, Canada Pension Plan, CPP Disability, Old Age Security
- Housing – BC Housing, Residential Tenancy Issues for Tenants, Rental Assistance Program
- Consumer/Debt Issues
- Senior Advocacy

Disability Law Clinic Legal Services | View Online: [Disability Law Clinic | DABC \(disabilityalliancebc.org\)](https://disabilityalliancebc.org)

The DLC provides a Summary Advice and Referral Service which is a free, confidential legal service, directly to persons with disabilities from across BC, on certain disability-related areas of law, including:

- Accessibility laws
- Discrimination / human rights
- Access to Services
- Accommodation in the workplace
- Post-secondary education
- Transportation
- Decision-making rights
- Removing committee ship
- Public Guardian and Trustee
- Long-term Disability Insurance

Family Support Institute – Family Support | View Online: [Family Support - Family Support Institute \(familysupportbc.com\)](https://familysupportbc.com) | Call: 1-800-441-5403

The Family Support Institute of BC (FSI) supports families who have a family member with a disability by connecting them to trained volunteers referred to as “Resource Parents/Peers” (RPs) . This provincial network supports families by sharing experiences, expertise, and guidance. All RPs have a family member with a disability.

Inclusion BC | View Online: [Advocacy - Programs & Services - Inclusion BC](https://inclusionbc.ca)

Inclusion BC provides free advocacy support to families of children and youth with disabilities and diverse learning needs, adults with intellectual and developmental disabilities, and their families. This could mean connecting you with resources in your community, offering information, creating a plan, and supporting you to advocate for the services you need.

10.0 Miscellaneous Resources

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None to note this month.

11.0 Monthly Days of Observance, Awareness & Action

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The following is a list of various days that might be of significance for community members during the month of May. Each title is an active link where you can learn a bit more about the initiative:

- May 01 to 31 | Asian Heritage Month | View Online: [May is Asian Heritage Month - Canada.ca](#)
- May 01 to 31 | Jewish Heritage Month | View Online: [Joint statement on Jewish Heritage Month | BC Gov News](#)
- May 01 to 31 | Speech and Hearing Month | View Online: [May is Speech & Hearing Month - May is Speech and Hearing Month!](#)
- May 01 to 31 | Vision Health Month (Canada) | View Online: [GetEyeWise | Canadian Association of Optometrists](#)
- May 01 to 31 | Multiple Sclerosis Awareness Month | View Online: [MS Awareness Month | MS Canada](#)
- May 01 to 07 | Mental Health Week | View Online: [Mental Health Week - CMHA National](#)
- May 5 to 11 | Emergency Preparedness Week | View Online: [Emergency Preparedness Week - Province of British Columbia \(gov.bc.ca\)](#)
- May 23 to 29 | Anti-Racism Awareness Week | View Online: [Click Here](#)
- May 05 | National Day of Awareness for Missing and Murdered Indigenous Women and Girls (MMIWG) | View Online: [Home Page - Final Report | MMIWG \(mmiwg-ffada.ca\)](#)
- May 15 | International Day of Families | View Online: [International Day of Families | United Nations](#)

- May 16 | Global Accessibility Awareness Day | View Online: [Home - GAAD \(accessibility.day\)](#)
- May 17 | International Day Against Homophobia, Transphobia, and Biphobia | View Online: [Home ~ may17.org](#)
- May 21 | World Day for Cultural Diversity for Dialogue and Development | View Online: [World Day for Cultural Diversity for Dialogue and Development | United Nations](#)
- May 23 | Vesak (Buddha Day) | View Online: [Vesak Day | United Nations](#)
- May 25 | Africa Day | View Online: [Africa Day 2023: UN Secretary-General's message | Africa Renewal](#)
- May 29 | Red Shirt Day of Action for Accessibility and Inclusion | View Online: [Red Shirt Day & National AccessAbility Week - Easter Seals Canada](#)
- Last Sunday of May | BC Accessibility Week | View Online: [Accessibility Directorate - Province of British Columbia \(gov.bc.ca\)](#)

This is not an extensive list and we welcome folks in our community to share other days of observance for future consideration.

12.0 Newcomer Programs and Resources

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BC CHARMS Refugee Claimant Navigation Website | View Online: [BC CHARMS Refugee Claimant Navigation Website | Assistance for Refugees in British Columbia, Canada \(refugeclaimbc.com\)](#)

The BC CHARMS Refugee Claimant Navigation Website is the place to go for useful resources and services for Refugee Claimants when they arrive in British Columbia, Canada. This website also connects Refugee Claimants with Settlement Workers to receive information regarding settlement services and the refugee claim process.

BC Refugee Hub & AMSSA – Recorded Webinar – Integrating Trauma Informed Practice into Front Line Services for Newcomers | View Online: [BC Refugee Hub & AMSSA Webinar: Integrating Trauma Informed Practice into Front Line Services for Newcomers – BC Refugee Hub](#)

Integrating Trauma Informed Practice into Front Line Services for Newcomers - with speaker Farah Kotadia. Training video now available.

Burnaby Intercultural Planning Table – Local Immigration Partnership | View Online: [BIPT - Home](#)

Settling in a new city means making it your new home, understanding the way of life, and becoming part of the community. It's more than just moving; it's about feeling comfortable, safe, and connected. The BIPT works collaboratively with partner organizations and residents to facilitate opportunities for newcomers to engage in their community.

Canucks Family Education Center – Free Burnaby English Class Pre-Registration | View Online: [CFEC Burnaby \(Edmonds & Maywood\) English Classes Pre-registration \(google.com\)](#)

Canucks Family Education Centre in partnership with Burnaby Community and Continuing education, will be offering free English classes to refugee claimants, convention refugees, permanent residents, Canadian citizens, CUAET holders and some work permit holders.

Immigrant Services Society of BC – Maple Ridge | View Online: [Maple Ridge Programs & Services | Immigrant Services Society of BC \(ISSofBC\) \(issbc.org\)](#)

We help immigrants build a future in Canada and our services support your settlement and English language needs, as well as your employment and career ambitions. We are

driven by core values and principles that put inclusivity, compassion and innovation at the centre of our work.

Maple Ridge, Pitt Meadows, Katzie Local Immigration Partnership | View Online: [Maple Ridge, Pitt Meadows, Katzie LIP | Maple Ridge Pitt Meadows Katzie Local Immigration Partnership \(ridgemeadowskatzielip.ca\)](#)

The Ridge Meadows Katzie Local Immigration Partnership (LIP) is a consortium made up of senior decision-makers representing business, health, libraries, culture, faith, local and provincial governments, parks and recreation, policing, banking and community and immigrant serving organizations. Together these representatives plan and lead activities that aim to ensure the region is prepared to welcome and include new immigrants and support their successful settlement and integration.

Mosaic – Monthly Event Page | View Online: [Events from May 14 – April 18 | MOSAIC \(mosaicbc.org\)](#)

This webpage provides information about programs, services, and one off events available to newcomers for the current month including conversation circles, computer tests, tax assistance and more.

Multi-Agency Partnership BC – Working Together for Refugee Claimants | View Online: [Home - Multi-Agency Partnership \(mapbc.org\)](#)

A unique collaboration of over 40 agencies working together to understand and serve the needs of refugee claimants in British Columbia. Focus your search by:

- Housing Challenges,
- Success Stories, and
- Facts About Refugee Claimants

OCASI – 9 Week Self Directed Course – Building Access and Equity for Im/Migrants and Refugees with In/Visible Disabilities | Course Runs May 14 to July 2, 2024 | View Online: [OCASI: Log in to the site \(learnatwork.ca\)](https://learnatwork.ca)

This course is open to settlement workers and service providers:

- Attend a mandatory webinar before the end of the course
- Commit to approximately 1-3 hours of learning per week
- Practice active participation throughout the course
- Engage in Accessibility Initiative's (AI) Group in www.SettleNet.org, a national online Community of Practice for the Settlement Sector
- Complete assignments

At the successful completion of the 7 modules, you will receive your certificate!

Pathways to Childcare Careers Program | Burnaby | View Online: [Occupational English for Childcare Workplace in Canada \(pircs.bc.ca\)](https://pircs.bc.ca)

FREE occupational English training for newcomer, immigrant and refugee women interested in working in the early learning and childcare field.

- Practice and develop English language skills to work in childcare
- Receive childcare training with a trauma-informed approach
- Receive Responsible Adult, First Aid, FoodSafe Certificate training
- Develop pre-employment skills
- 80 hours of paid work experience
- Transit tickets and childminding provided

Location: online and in-person at 7485 Salisbury Ave, Burnaby

Practice Ready Assessment BC – Internationally Trained Family Physicians | May 16, 2024 at 10 AM | View Online: [Practice Ready Assessment - BC \(prabc.ca\)](https://prabc.ca)

Join us for an info session on how to apply. As a program, PRA-BC has assessed 243 family physicians since 2015. These family physicians were placed in 68 communities throughout BC.

S.U.C.C.E.S.S- Settlement Workers in School (SWIS) School District 42 | View Online: [Settlement Workers in Schools \(SWIS\) | Maple Ridge - Pitt Meadows School District 42 \(sd42.ca\)](https://sd42.ca)

The primary focus of the school-based settlement service is to assist parents and their children with first-year settlement needs. The emphasis is on facilitation of settlement and integration of newcomer families through referrals and cross-cultural education.

S.U.C.C.E.S.S. BC – Monthly Event Page | View Online: [Events for April 2024 – S.U.C.C.E.S.S. \(successbc.ca\)](https://successbc.ca)

This webpage provides information about programs, services, and one off events available to newcomers for the current month including job search, legal information, financial support, newcomer bus tours and more.

The Family Education & Support Centre & Ridge Meadows Multicultural Society | View Online: [Home \(rmmcsociety.ca\)](https://rmmcsociety.ca)

We are a diverse group of residents from Maple Ridge and Pitt Meadows who desire to promote the rich cultural diversity of British Columbia. The Ridge Meadows Multicultural Society collaborates with community agencies to host events throughout the year.

13.0 Podcast, Webinars, Video & Print Resources

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Autism BC – Equity is Worthwhile Autistic Poverty Reduction Resources | View Online: [#EquityIsWorthwhile: Poverty Reduction for Autistic Adults — AutismBC](#)

Learnings shared during Autism Acceptance month outlining why poverty happens and explores poverty reduction solutions.

BC People First Society – Webinar – Skills for Advocacy & Activism | Monday May 6, 2024 at 4 PM | View Online: [BCPF Panel: Presentation Skills for Advocacy & Activism | BC People First](#)

Join our panel of experienced self-advocates for stories, advice, and a live Q&A about the skills needed for doing presentations for advocacy and activism success. Gain skills to help you be a better presenter or get the courage to start doing presentations and share your story!

Burnaby Primary Care Network – Webinar – Cervix Self-Screening | Thursday May 9, 2024 at 12 Noon | View Online: [DocTalks: Cervix Self-Screening - Burnaby Primary Care Networks \(burnabypcn.ca\)](#)

In this DocTalk, Dr. Jenny Muir and Dr. Ann Lin will cover the basics of cervix self-screening, including how to receive a kit and what to expect. Come learn about the connection between HPV and cervical cancer, the importance of screening tests, and whether self-screening is for you.

Charity Village – Article – Voices of Experience: The Role of People with Lived Experience Across the Charitable Sector | View Online: [Voices of experience: The role of people with lived experience across the charitable sector | CharityVillage](#)

The latest article by Rebekah Sears, Lived Experience Specialist with the Canadian Mental Health Association National Office, stresses the value of empowering and harnessing the voices of People with Lived Experience - who have been marginalized by systems, stereotypes, and stigma. In recent decades, many more efforts have been made to decolonize and decentralize nonprofit work, to focus more on the contributions of beneficiaries and service users. This work is about creating partnerships rather than upholding the paternalism of the past. There is, however, still a lot of work to do.

Homelessness Learning Hub – Podcast – Housing for all Includes Housing for Our Pets | View Online: [Podcast: Housing for all Includes Housing for Our Pets - Homelessness Learning Hub](#)

This podcast episode highlights the challenges around housing vulnerable individuals whose families include pets. Ashley Travis (PEI Humane Society) talks about what needs to happen to change this trend, and what her organization is doing to support individuals going through this experience.

Homelessness Learning Hub – Toolkit – Disaster Planning for Individuals Experiencing Homelessness | View Online: [Toolkit: Disaster Planning for Individuals Experiencing Homelessness - Homelessness Learning Hub](#)

Learn more about how to work effectively with individuals experiencing homelessness before, during, and after a disaster.

Home Sharing Support Society BC – Webinar – Emergency Planning | May 16, 2024 at 10 AM | View Online: [Emergency Planning - HSSBC \(homesharingbc.ca\)](https://www.homesharingbc.ca/emergency-planning)

Emergency Preparedness Specialists: Experts versed in emergency planning, harm reduction strategies, and trauma-informed care.

- Emergency Planning Essentials: Creating Protocols and Strategies for Crisis Situations in Home Sharing
- Navigating Crisis: Tools, Resources, and Techniques for Responding to and Managing Emergency Situations

Home Sharing Support Society BC – Webinar – Mental Health & Wellness | May 23, 2024 at 10 AM | View Online: [Mental Health and Wellness Webinar - HSSBC \(homesharingbc.ca\)](https://www.homesharingbc.ca/mental-health-wellness-webinar)

Join us for our spring Mental Health and Wellness Webinar lead by the Canadian Red Cross. Our speakers, Jessica Pye, a Community Wellness Advisory, and Michelle Skanes, a Public Health Advisor, are joining us from the Help Desk for Indigenous Leadership. They will be discussing topics such as stigma, self-care, caring for others, Indigenous practices on wellness, and harm reduction.

Home Sharing Support Society BC – Online Course – Staying Healthy While Caregiving | View Online: [FCBC_Final \(familycaregiversbc.ca\)](https://www.familycaregiversbc.ca/fcfc-final)

Self-care is one of the most important challenges of being a caregiver. This free course explores why staying healthy is key for caregivers, and identifies tools and solutions for supporting yourself while caring for another. What you will learn:

- Recognize how staying healthy while caregiving will make you a more effective caregiver
- How to assess how you are currently taking care of yourself
- Discover strategies for staying healthy while caring for another
- How to identify ways to include self-care in your current life and routine

Home Sharing Support Society BC –Virtual Coaching for Home Sharing Providers | View Online: [Need advice, guidance ? - HSSBC \(homesharingbc.ca\)](https://www.homesharingbc.ca)

Are you a Home Sharing Provider who has a home sharing question or needs some advice? The HSSBC has got you covered with a free virtual coaching service that has been designed specifically for Home Sharing Providers. This service is open to any approved Home Share provider in BC, with or without a current client.

Inclusion BC – 2024 BC Election Guide | View Online: [Read the Guide](#)

Get ready to be an active participant in shaping the future of BC! Dive into our comprehensive guide on everything you need to know about voting and the Provincial Election this Fall.

Inclusion BC – Editorial – Canada Disability Benefit Federal Funding Falls Short | View Online: [Canada Disability Benefit: Federal Funding Falls Short - Blog - Inclusion BC](#)

On April 16th, the federal government announced the 2024 Budget, revealing its plans for the Canadian Disability Act. The Budget 2024 announcement left people rightfully feeling angry, frustrated, and betrayed.

Inclusion Canada – Editorial – Budget 2024 Disappoints – Major Shortfalls in Canada Disability Benefit Funding & Eligibility | View Online: [PRESS RELEASE: Budget 2024 Disappoints – Major Shortfalls in Canada Disability Benefit Funding & Eligibility – Inclusion Canada](#)

Inclusion Canada expresses profound disappointment over the inadequate funding allocated to the Canada Disability Benefit (CDB) in Budget 2024. The announced funding

falls far short of what is necessary to fulfill the program's primary objective: lifting people with disabilities out of poverty.

National Child & Youth Mental Health Day Events | May 7, 2024 | View Online: [May 7th | National Child & Youth Mental Health Day \(may7icare.ca\)](#)

National Child & Youth Mental Health Day is about building caring connections between young people and the caring adults in their lives. We know having caring, connected conversations can have a big impact on the mental health of children and youth.

Tamarack Institute – Webinar – Building Authentic Connections for a More Equitable Future | May 15, 2024 at 12 Noon Eastern Standard Time | View Online: [WEBINAR | Building Authentic Connections For A More Equitable Future \(tamarackcommunity.ca\)](#)

Join us for a conversation with a group of inspiring youth leaders from our [Communities Building Youth Futures](#) movement to explore what belonging looks like from their perspectives, uncover the conditions that are needed to build authentic relationships and a sense of connectedness between youth and their community, and share lessons learned on how communities can foster belonging among youth.

The Child Psych Podcast | View Online: [Podcast - Institute of Child Psychology](#)

Join Tammy Schamuhn and Tania Johnson- Psychologists, play therapists, and moms, as they interview the top parenting and children's mental health experts in the world. If you want a podcast that is designed to educate and inspire you with current research and concrete strategies to foster resiliency and healing, then this podcast is for you!

The Self Advocate – Podcast about Disability | View Online: [The Self Advocate | Podcast on Spotify](#)

The Self Advocate Podcast: "A podcast about disability, focusing on arts and culture, including, music, the fine arts, the performing arts, podcasts, blogs, online videos, books and authors, events that are both related to disability and the wider community. Produced by Alison Klein. New Episodes every other week."

The Tye – Article – BC Pans New Federal Disability Benefit | View Online: [BC Pans New Federal Disability Benefit | The Tye](#)

The small amount and limited eligibility leave people in poverty, says minister.

Vancouver Writers Fest- Books & Ideas Audio Podcast – The Poetry Bash | View Online: [The Poetry Bash by Books & Ideas Audio \(spotify.com\)](#)

Exhilarating conversations and ideas from the world's greatest storytellers and luminaries. From the esteemed vaults of the Vancouver Writers Fest, located in beautiful British Columbia.

VLMFSS – National Victims and Survivors of Crime Week Events | May 12 to 18, 2024 | View Online: [National Victims and Survivors of Crime Week \(2024\) – VLMFSS](#)

Join us for a special 3-day event hosted by VLMFSS to observe National Victims and Survivors of Crime Week! We'll be sharing valuable information and resources. Come join us in raising awareness and supporting victims and survivors of crime.

14.0 Surveys, Feedback & Engagement Opportunities

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Canadian Centre for Caregiving Excellence – Consultation – National Caregiving Strategy: Public Consultations – Social and community care | May 15, 2024 at 12 Noon Eastern Standard Time | View Online: [National Caregiving Strategy: Public Consultations – Social and community care – Canadian Centre for Caregiving Excellence \(canadiancaregiving.org\)](#)

Join a consultation session on May 15, to explore caregiver interactions in the healthcare system, and what policy innovations can transform these experiences for the better. Attendees will also have an opportunity to provide feedback and share their policy solutions.

Canadians of South Asian Heritages BC Museum – Feedback Requested | View Online: [Canadians of South Asian Heritages B.C. Museum - govTogetherBC](#)

A community-led, province-wide engagement to inform the vision for a new museum or cultural centre celebrating the contributions of Canadians of South Asian heritages in B.C.

CNIB Foundation – 2024 Braille Creative Writing Contest | Application Deadline May 31, 2024 | View Online: [2024 Braille Creative Writing Contest | CNIB](#)

Calling all aspiring young writers! The 2024 Braille Creative Writing Contest is now accepting entries. This important competition celebrates braille literacy and encourages young people to flex their creative muscles while practicing their braille skills. Write a short story, essay, or poem on any topic or re-purpose something you've written for school this year!

McGill University – Survey- Access to Justice for Persons with Disabilities in Canada | View Online: [Access to justice for persons with disabilities in Canada \(mcgill.ca\)](#)

Got about 10 minutes to share your thoughts? [ARCH Disability Law Centre](#) is leading a research project to better understand the experiences that people with disabilities have while using federal programs, courts, and tribunals in Canada.

The City of Vancouver – Be Vancouver’s Next Poet Laureate! | Application Deadline June 12, 2024 | View Online: [Call for submissions: 2025 Poet Laureate | City of Vancouver](#)

The City of Vancouver, the Vancouver Public Library, and the Vancouver Writers Fest are accepting submissions from published and performance poets for Vancouver’s next poet laureate. The laureate will start in January 2025 for a 2 or 3-year term.

Vancouver Writer’s Fest – My Roots Workshop for Immigrants | Applications Due May 10, 2024 | View Online: [My Roots | Vancouver Writers Fest](#)

Our popular My Roots Workshop provides participants with an opportunity to deepen and enrich their writing through guided exercises and techniques. Participants will work with acclaimed writer Eddy Boudel Tan—the author of *After Elias* and *The Rebellious Tide*, and the forthcoming novel *The Tiger and the Cosmonaut*—to write their stories, centred around themes of place and home.

Vancouver Writer’s Fest’s Youth Writing Contest for Grades 5 to 7 and 8 to 12 | Submission Deadline May 31, 2024 | View Online: [Youth Writing Contest | Vancouver Writers Fest](#)

The Vancouver Writers Fest’s Youth Writing Contest is underway, and we hope that you can encourage the creative middle grade and high school students in your life to unleash their imagination, and submit a short story or essay. We’re running two contests: one for grades 5–7 and one for grades 8–12, open to students in British Columbia.

15.0 Youth in & from Government Care

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AgedOut – Resource – File Your Taxes | View Online: [File your taxes - Agedout.com](#)

Doing your taxes is an important part of becoming an adult. Taxes pay for many things, like roads, police services, health care, employment insurance, and more. Filing your taxes allows you to get tax refunds, qualify for GST refunds and also helps build your credit.

Aunt Leah’s Friendly Landlord Network | View Online: [Being an Affordable Housing Tenant - Friendly Landlord Network](#)

If you’re 18 or older and a youth or family from government care, sign up to find safe, affordable rental housing from a network of Friendly Landlords.

BC Child and Youth in Care Week – June 3 to 9, 2024 | View Online: [BC CHILD & YOUTH IN CARE WEEK - About \(bcchildandyouthincareweek.com\)](#)

Our goal is to raise social awareness and shift negative perceptions; to recognize children and youth in care, like all young people, as individuals with talents, contributions, and dreams. We are a collective partnership of youth, service providers and allies working to challenge the stigma faced by children and youth in care by celebrating and honouring their awesomeness. We hope all British Columbians will join the celebration and gain the knowledge and tools to acknowledge and support our incredible young people in care every other week of the year, too.

Federation of BC Youth in Care Networks – Family Chat | May 7, 2024 | View Online: [Event Management \(powerappsportals.com\)](#)

This virtual event is an opportunity to hang out with other youth in and from care and have fun. Together we can shape how we want to spend our time together.

Federation of Community Social Services of BC – 2024 Youth Education Bursary Open | Application Deadline May 31, 2024 | View Online: [Applications for the 2024 FCSSBC Youth Education Bursary are now open. - The Federation of Community Social Services of BC](#)

The Fed is excited to announce that applications for the 2024 FCSSBC Youth Education Bursary are now open. The FCSSBC Youth Education Bursary assists young people, ages 30 or younger, that are in or have been in care, and want to pursue a career in human and social services. Bursaries support students with the financial costs of tuition, books, and supplies for post-secondary education, training, or upgrading.

Homeless Hub – Article – Journey to Success: Creating Healing, Family and Economic Security for Youth and Young Adults who Experience Foster Care | View Online: [Journey to Success: Creating Healing, Family and Economic Security for Youth and Young Adults who Experience Foster Care | The Homeless Hub](#)

This paper discusses the campaign's vision for prioritizing outcomes of healing, family, and economic security for all youth and young adults. It also introduces an accompanying set of recommendations that we hope policymakers will use to champion reform to promote better outcomes and opportunities for all young people in, and leaving, foster care.

McCreary Centre Society – Collective Impact Trust | View Online: [TRRUST Collective Impact](#) | [McCreary Centre Society \(mcs.bc.ca\)](#)

The common interest of all TRRUST members is to achieve system-wide improvements in the outcomes for youth transitioning out of government care in Vancouver, British Columbia.

Parent Support Services Society of BC – Neurodivergent Children Parenting Support Group | View Online: [Parenting Support Referral Form \(office.com\)](#)

We believe that every parent & kinship caregivers are the expert of their own family. Sometimes it just takes a bit of space to hear yourself and the voices of other parents to find your way through. Parenting Support Groups provide a safe, supportive place to share ideas, information, concerns, challenges, etc., with others who are also parenting.

Our groups are free and confidential and open to those in a parenting role who live in British Columbia, Canada

SAJE – Supports for Youth Transitioning from Government Care | View Online: <https://www.gov.bc.ca/SAJE>

Historic improvements to supports for youth and young adults with care experience in British Columbia are now fully implemented and enshrined in legislation. This means young people with care experience may now access the SAJE program, which provides supports and services until the age of 27.

UNYA – Eat Shop Hang | View Online: [Eat, Shop, Hang | Facebook](#)

Available to Indigenous Youth ages 11 to 30, eat shop hang operates much like a cost-free thrift store. Youth are welcome to collect one, two, or even three bags of gently used (occasionally new) clothing and footwear – food is served afterwards.