



# EVENTS

## LITTLE NOMAD ADVENTURES - SAKURA TREES HUNTING

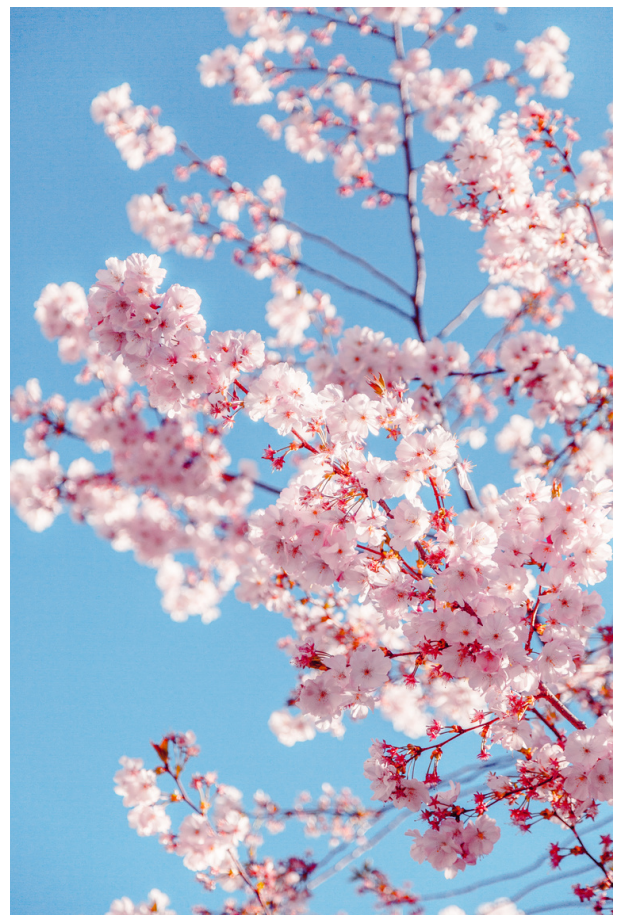
Join Curiko for a unique monthly hiking experience to explore interesting neighborhoods and go hunting for Sakura Trees in the Greater Vancouver Area.

Date: March 23

Time: 10:00am - 12:00pm

Location: Vancouver

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## NOWRUZ MOBARAK - CELEBRATING THE ARRIVAL OF SPRING

Every year, over 300 million people celebrate the new year with the arrival of Spring. Learn about the history and the ancient traditions of Nowruz!

Date: March 20

Time: 12:00pm - 1:00pm

Location: Online

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## SHAKEN OR STIRRED: MIXING COCKTAILS

Have you ever wanted to learn how to mix the perfect cocktail? Or about the differences between certain alcohols? Join us for a fun evening at the Curiko Studio where we'll do just that!

Date: March 22

Time: 6:00pm - 7:30pm

Location: Burnaby

[LEARN MORE](#)

## TRILOGY- ADAPTIVE CONCERT

The jazz trio Trilogy and the faculty members at the VSO School of Music, have prepared a special hour-long concert program that welcomes and supports members of the neurodiversity and disability communities.

Date: April 7

Time: 11:00am

Location: Pyatt Hall at the VSO School Of Music, 843 Seymour St, Vancouver

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## LEISURE FAIR 2024

Explore Lower Mainland recreation activities for children and youth with disabilities. This free event is sponsored by Developmental Disabilities Association and Vancouver Parks Board.

Date: April 2

Time: 5:30pm to 7:30pm

Location: Sunset Community Centre, 6810 Main Street, Vancouver

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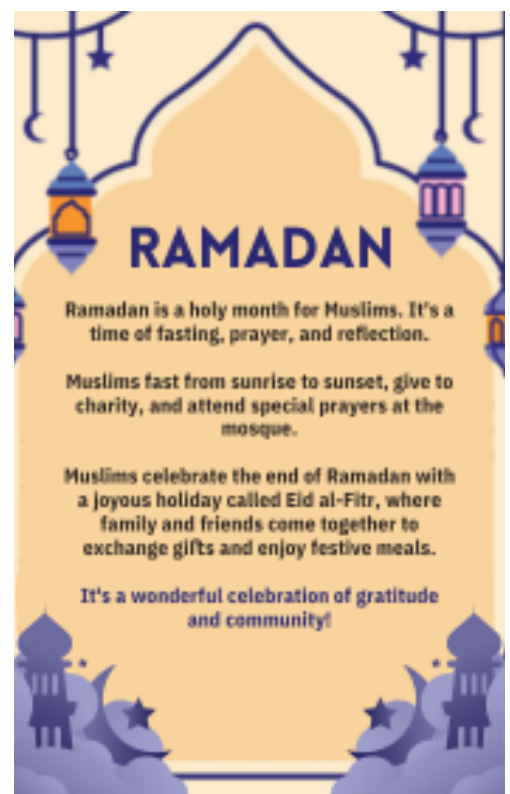
# IDEAS

## RAMADAN, ONE OF SEVERAL SIGNIFICANT SPIRITUAL AND CULTURAL PRACTICES IN THE MONTH OF MARCH

Check out the following resources to learn more about the different spiritual and cultural practices that take place in March! Ramadan, Lent/Easter, Maha Shivaratri, and Nowruz have several common themes, including welcoming the Spring Equinox, self-improvement, expressing gratitude, and offerings to charity.

The Canadian Centre for Diversity and Inclusion offers: A [Diversity Calendar](#), which you will find on the landing page of the Knowledge Repository; as well as this 1 hour [CCDI Webinar: Respectful ways to celebrate inclusive holidays - YouTube](#)

These resources are available to you through your posAbilities' email on the [www.ccdi.ca](http://www.ccdi.ca) website.





# ANNOUNCEMENTS

## SYMMETRIC ALLURE

Explore the world of "Symmetric Allure" at the Alternative Creations Studio! From March 21-31, immerse yourself in the captivating beauty of symmetrical artworks created by a talented ensemble of artists.

Join the opening reception on March 21 at 6:00 PM to witness the unveiling of these stunning pieces. Delve deeper into the artists' inspirations and techniques during a guided gallery tour on March 30 at 2:00 PM.

[LEARN MORE](#)





JOB FAIR

## SPECTRUM WORKS VIRTUAL JOB FAIR FOR JOB SEEKERS WITH AUTISM

Spectrum Works will be having their 8th annual virtual job fair in support of Autism Awareness Month! Hosted by Substance Cares, the fair aims to break the stigmas surrounding job seekers with autism. Create meaningful opportunities for autistic job seekers and be part of a transforming corporate culture supporting workplace inclusion!

Date: April 8, 2024

Time: 9:00am - 2:00pm PT

LEARN MORE

A graphic for the Spectrum Works 8th Annual Virtual Job Fair. It features a purple and pink color scheme with the Spectrum Works logo at the top. Below the logo, it says "8TH ANNUAL VIRTUAL JOB FAIR" and "A JOB FAIR CREATED FOR AUTISTIC JOB SEEKERS." The main title "Virtual Job Fair APRIL 8TH 2024" is prominently displayed. To the left of the title are two gear icons. Below the title, there are three circular images showing people at a virtual job fair. To the right of the images, there are two gear icons and the text "Create meaningful opportunities for autistic job seekers." and "Be part of a transforming corporate culture supporting workplace inclusion!". At the bottom right is the Substance Cares logo. At the very bottom, a purple bar contains the text "To REGISTER or LEARN MORE please visit www.spectrumworks.ca".

**SPECTRUM WORKS**  
8TH ANNUAL  
**VIRTUAL JOB FAIR**  
A JOB FAIR CREATED FOR  
AUTISTIC JOB SEEKERS.

**Virtual Job Fair**  
**APRIL 8TH 2024**

12-5PM ET | 9-2PM PT | 10-3PM MT  
11-4PM CT | 1-6PM AST  
1:30-6:30PM NST

Create meaningful opportunities  
for autistic job seekers.

Be part of a transforming corporate  
culture supporting workplace inclusion!

substance  
CARES

To REGISTER or LEARN MORE please visit [www.spectrumworks.ca](http://www.spectrumworks.ca)



## **PLAN INSTITUTE TRANSLATED RDSP: LEVEL 1 WEBINARS**

Plan Institute are launching their Registered Disability Savings Plan (RDSP) Level 1 webinar in Arabic, Mandarin/Simplified Chinese, Spanish, and Punjabi!

**Arabic: Tuesday, March 19th, 6:30 – 8:45 PM PT**

**Mandarin: Wednesday, March 20th, 6:30 – 8:45 PM PT**

**Spanish: Monday, March 25th, 6:30 – 8:45 PM PT**

**Punjabi: Tuesday, March 26th, 6:30 – 8:45 PM PT**

The RDSP is a Canada-wide matched savings plan for people with disabilities who are approved for the Disability Tax Credit. Eligible individuals who are aged 49 and under could receive up to \$4,500 per year in government grants and bonds.

The Level 1: Intro to the RDSP webinar is for anyone who wants to learn the basics of RDSPs, including what an RDSP is, who qualifies, how to apply for the Disability Tax Credit, and how to open an RDSP. No prior knowledge of the RDSP is required. Registrants will also receive a translated guide to the DTC and RDSP and a link to the webinar recording.

[LEARN MORE](#)



# NEWS

## DISABILITY CULTURE IS SOMETHING YOU ARE A PART OF — NOT SOMETHING THAT IS HAPPENING TO YOU

As a child, I was often ashamed of my disability. I fell into the "bitter cripple" stereotype. I didn't want to be around people with intellectual disabilities because I thought I would be more independent if I ran away from the community rather than toward it. I shunned disability culture.

Fast forward 15 years, and I was performing in a theatre show with Listen to Dis' Community Arts Organization, Saskatchewan's only disability-led disability arts non-profit. (It's an organization that I worked for and now consult with.) We were already on stage. Then, the door behind me opened. A group from a local disability support organization had arrived late. In many performance spaces, this wouldn't fly – a metaphorical record scratch.

[READ MORE](#)

