



EVENTS

CREATIVE WRITING FOR POSITIVITY!

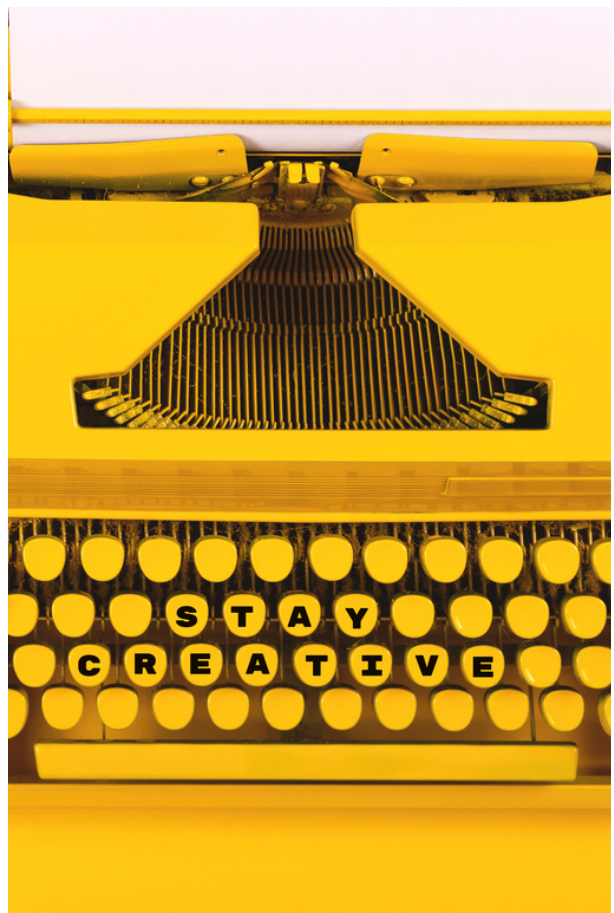
Creative writing for the experienced writers and those would like to try. All are invited to play with words to create and experience positivity.

Date: February 1

Time: 7:00pm PST

Location: Online

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PHOTOGRAPHY & MINDFULNESS

Join Tamsen for this 1:1 experience to explore photography, the beauty all around us and mindfulness and learn how to take amazing photos on your smartphone!

Date: February 1

Time: 11:00am PST

Location: Coquitlam

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HOCKEY HANGOUT

Join Bella and other hockey fans on zoom to chat about all things hockey! Let's celebrate some of Hockey's greatest moments together!

Date: January 31

Time: 6:00pm - 7:00pm PST

Location: Online

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EXPRESSIVE ARTS WORKSHOP

Join a FREE 4-week workshop crafted for parents caring for loved ones with disabilities.

Session 2

Date: Feb 10, 17, 24 & Mar 2

Time: 10:00am - 12:00pm

Location: Aegis Community Inclusion Program, 321 6th Street, New Westminster

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STAR WARS FOR KIDS: RELAXED PERFORMANCE

This casual, sensory-friendly performance of our Star Wars for Kids concert welcomes children and families, all neurodivergent community members, and those who simply want a more relaxed performance experience.

Date: February 4

Time: 4:00pm - 5:00pm

Location: Orpheum Theatre

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NEWS

MAR GALCERÁN MAKES HISTORY AS SPAIN'S FIRST PARLIAMENTARIAN WITH DOWN'S SYNDROME

For decades she battled to ensure that people with intellectual disabilities were part of the conversation. The extent of the progress she had made, however, was laid bare recently when Mar Galcerán became Spain's first parliamentarian with Down's syndrome.

"It's unprecedented," the 45-year-old told the Guardian. "Society is starting to see that people with Down's syndrome have a lot to contribute. But it's a very long road." Her feat has been decades in the making. When Galcerán was 18 years old, she joined the conservative People's party after being attracted to what she described as its embrace of tradition.

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