

~ With Gratitude ~

Thank you to neurodiverse youth, families and community partners who share their knowledge, experience, and resources used to create these monthly lists. The range of topics covered are based on the intersectionality presented by neurodiverse youth in their transition planning processes and those areas families have highlighted as useful in keeping them in a position to offer ongoing support.

If you have resources, you'd like to share feel free to email it to me at [julian.wilson@gov.bc.ca](mailto:julian.wilson@gov.bc.ca).  
Wishing you happy planning folks!

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## 1.0 Art, Theatre, Singing, Dance & Recreational Programs

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AutismBC – Calendar of Events | View Online: [Events from November 23 – October 24 — AutismBC](#)

AutismBC offers a range of connections during the month of November including:

- November 8 and 22 at 4:30 PM | AutismBC Meets – Getting Together on the Spectrum | View Online: [AutismBC Meets: Getting Together on the Spectrum — Events — AutismBC](#)
- November 22 at 1 PM | AutismBC Meets – Family / Caregivers of Adults on the Spectrum | View Online: [AutismBC Meets: Families/Caregivers of Adults on the Spectrum — Events — AutismBC](#)
- November 23 at 12 Noon | AutismBC Workshop – What is Autism? | View Online: [AutismBC Workshop: What is Autism? — Events — AutismBC](#)
- November 25 at 9:30 AM | AutismBC - Waiting for Assessment | View Online: [Waiting for Assessment — Events — AutismBC](#)

Artist Helping Artists | View Online: [Artists Helping Artists | Burnaby BC | AHA Burnaby](#)

An inclusive community-based artists cooperative that provides artists with space, affordable materials, and the opportunity to pursue their aspirations concerning artistic expression.

Arts Sundays – New Westminster Free Arts Programming | View Online: [Home - Arts New West](#)

On the 2<sup>nd</sup> and 3<sup>rd</sup> Sunday in November, through Arts New West there is free arts programming.



Burnaby Public Library – Accessible Services | View Online: [Home Delivery & Accessible Services - Burnaby Public Library \(bpl.bc.ca\)](#)

A list of accessibility options to access Burnaby Public Libraries.

CanFASD Art Competition – Submission Call | Deadline Friday November 17 at 9 PM | View Online: [Our 2023 Art Competition is Now Open! - CanFASD](#)

Canada Fetal Alcohol Spectrum Disorder Research Network (CanFASD) is hosting an art competition open to all Canadian residents with FASD. The art can be in any form you can think of, sculptures, paintings, drawings, photography and beyond! It just has to be able to be submitted digitally. The chosen winner will receive a \$500 prize and have their art featured in the CanFASD holiday cards.

City of Coquitlam – Holiday Shopping Night | November 17 & 18 at Glen Pine Winter Market | View Online: [Glen Pine Pavilion | Coquitlam, BC](#)

Hand-made gifts, knitting, cards, tree decorations and a great selection of items for everyone on your holiday shopping list. Admission is free. Please remember to bring your own reusable shopping bags.

City of Coquitlam – Swim and Skating Registration | Swim – November 7 & Skating November 14 | View Online: [Recreation Registration | Coquitlam, BC](#)

Registration for winter swim programs opens next week, with early access for Coquitlam residents on November 7, and for non-residents on November 9. Make sure your address is up to date in the SignMeUp online registration system with accurate house number, unit number and postal code, with no abbreviations.

Skating registration starts on November 14 for Coquitlam residents, and November 16 for non-residents.

Foundry Ridge Meadows – Free Drop-In Art Sessions Tuesdays | Location: Unit 2, 22932 Lougheed Hwy, Maple Ridge.

Foundry Ridge Meadows offers free drop-in art sessions on Tuesdays!

Fraser Valley Regional Library – Accessibility Service | View Online: [Library For You - FVRL](#)

Can't get to the library? We come to you! FVRL's Library For You service provides materials to people who are unable to visit the library due to illness, age, or disability. Click the link to find out what service is right for you.

Kindred Tracings Exhibit | Open October 13, 2023 to January 21, 2024 @ the Burnaby Art Gallery | View Online: [Kindred Tracings | City of Burnaby](#)

Kindred Tracings brings together the work of 4 contemporary artists who apply strategies of abstraction to give shape, substance, and colour to the experience—and failures—of language. By dismantling and then reconstructing language, each of the exhibiting artists affirm the ancestral connections and traditions they've inherited.

New Westminster Public Library – Accessible Services | View Online: [Accessibility | New Westminster Public Library \(nwpl.ca\)](#)

A list of accessibility options to access the New Westminster Public Library.

Shadbolt Centre for the Arts – Music Lesson Registration | View Online: [Activity search | WebReg – City of Burnaby \(activecommunities.com\)](#)

The Shadbolt Centre for the Arts has a range of music lessons available including flute, piano, guitar, ukelele, violin and voice.

The Reach Gallery Museum – Des Pardes South Asian Canadian Exhibition | View Online: [The Reach](#)

We're excited to share a very special new exhibition that will be on view at The Reach until May 2024. *Des Pardes* captures the histories, personal accounts, and creative talents of over 100 members of Abbotsford's diverse South Asian Canadian communities through photos, interviews, works of art, and interactive databases.

The Reach Gallery Museum – Open Studio | View Online: [Open Studio \(constantcontact.com\)](#)

Bring your art supplies and current small projects to make art and socialize at the Reach! Join artist Jennifer Shepit in the Community Arts Space for coffee and conversation while working on any non-toxic medium you enjoy. You may bring up to two guests per registered person. 1-4PM. FREE. 18+.

Vancouver Adaptive Sports – Student Registration Info | View Online: [Students – VASS](#)

Get ready for two incredible showings of this film! The first is our classic evening screening, a yearly tradition. This time, it's on a Saturday night, November 4th, and tickets include a complimentary lift pass to Mt Seymour, making it an unbeatable deal.

Vancouver Mural Festival – Artist Call | Deadline: November 10, 2023 at Midnight | View Online: [Artist Call — Vancouver Mural Festival \(VMF\) \(vanmurfest.ca\)](#)

We are inviting artists to submit projects that match the Winter Arts Festival (WAF) curatorial framework and vision. Artists or teams should have previous experience with illuminated installations, lighting design concepts, projections, AR/VR/XR, or adjacent light-based media.

## 2.0 Community-Based Developmental & Social Programs

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Autism Community Training (ACT) – Mindfulness and Compassion in Parenting Program Registration | Registration Deadline Friday November 10, 2023 | View Online: [Mindfulness and Compassion in Parenting - ACT - Autism Community Training \(actcommunity.ca\)](#)

This will be an accepting, non-judgmental group dedicated to building the emotional resilience of parents caring for Autistic children and adolescents (ages 0-19). Participation in this group will teach skills to help you recharge your emotional and physical reservoir, cope with stress effectively, improve your caregiving relationship and build associated skills in your child.

Down Syndrome Resource Foundation – Down Syndrome Academy & App | View Online: [DSRF's Down Syndrome Academy - Down Syndrome Resource Foundation](#)

Last month, the Down Syndrome Resource Foundation introduced the [Down Syndrome Academy](#), an online education portal offering self-paced multimedia courses on a variety of topics related to Down syndrome, along with a private Down syndrome community. The Down Syndrome Academy app is now available for free download from both the [Apple](#) and [Google Play](#) stores.

Family Support Institute – Calendar for Connection | View Online: [Calendar for Connection - Family Support Institute \(familysupportbc.com\)](#)

Looking for ways to meet new people and stay socially connected? Did you know we have a Calendar for Connection? This calendar was created to help people with diverse abilities know about different fun and inclusive opportunities to connect with others. Events updated often!

Kinsight – Parent/Caregiver Transition to Adulthood Network Event | Thursday November 23 from 6:30 to 8:30 PM (in person) | View Online: [FISP Parent/Caregiver Transition Networking November 2023 \(constantcontact.com\)](https://constantcontact.com/events/2023-11-23-kinsight-parent-caregiver-transition-networking)

This event is intended for parents/caregivers of youth 15 and over who are beginning to think about life after high school. Please join the Family and Individual Support Program (FISP) for a casual evening meet and greet at Kinsight's new location at the Tri-Cities Children's Centre. Come meet the FISP staff in person and network and connect with other parents and caregivers.

Kinsight – Youth Leadership Group | Thursday November 16 and 23 from 6:30 to 8:30 PM | View Online: [Youth Leadership Group: November 16th & 23rd, 2023 \(constantcontact.com\)](https://constantcontact.com/events/2023-11-16-kinsight-youth-leadership-group)

Join us for a series of Youth Leadership events offered to youth between the ages of 14 and 19, happening twice monthly from September to December. Each month, the group will meet for an initial session at the Tri-Cities Children's Centre to plan an outing related to things that matter to them. The second session of each month will be heading out into the community to complete the event planned in the first session.

Purpose Society – Burnaby & New West YOUTH HUBs | View Online: [Burnaby YOUTH HUB – Lower Mainland Purpose Society for Youth and Families](https://www.purposesociety.ca/burnaby-youth-hub) | [New Westminster YOUTH Hub – Lower Mainland Purpose Society for Youth and Families](https://www.purposesociety.ca/new-west-youth-hub)

The HUB offers drop-in support services to at-risk youth between the ages of 12 and 24. Provides a safe and welcoming environment for youth to learn about community resources, access crisis and goal-orientated counselling, or talk to a youth worker about relevant issues such as alcohol and drug misuse, family conflict, relationships, and school. Services include access to teachers, counsellors, youth workers, nurses and doctors, and an emergency food bank.

Regular Equitable Authentic Lives (REA-L) | View Online: [HOME \(rea-l.ca\)](https://rea-l.ca)

REA-L is a non-profit organization, we are creating a provincial network of families who are intentionally exploring and choosing options that decrease our dependency on traditional services and provide a space for families to share information and learn from

the experience of others. Their website offers links to their podcast, an events and resources page.

This World's Ours Centre | View Online: [This World's Ours Centre | children with disabilities | Vancouver, BC, Canada \(thisworldsours.com\)](https://thisworldsours.com)

This World's Ours is an inclusive centre in Vancouver providing a safe, social space and a variety of programs for neurodiverse children and families. ALL children are welcome to attend. We offer programs for ALL children, after-school club, adult programming, family programming, day camps, birthday parties, workshops, and access to a variety of service providers that can support your child and/or family. We offer the following therapy: Art Therapy, Behavior Consulting, Counselling, Life Coaching, Music Therapy, Occupational Therapy, Physiotherapy, and Speech & Language Pathology.

Youth Alliance for Intersectional Justice | View Online: [Social Programs \(yajj.org\)](https://yajj.org)

We are a Black youth-led collective of Black and racialized neurodiverse youth, adults (with and without disabilities), and allies. Our mission is to create and support Afro-centered safe spaces in which Black and racialized neurodiverse youth can navigate the education, technology, and entrepreneurial systems through meaningful, engaging and community supported youth led projects, programs and research.

- Art Program
- Music Workshops
- Healthy Relationships
- Understanding Your Rights
- Go Karting

### 3.0 Education (Post-Secondary) Resources & Supports

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Adult Education Upgrading | View Online: [Adult Upgrading - Province of British Columbia \(gov.bc.ca\)](#)

Planning to upgrade or finish high school level courses to prepare for post-secondary training or education? Find a post-secondary institution or school near you that offers adult upgrading programs.

BC Centre for Ability – Opportunities Fund Program | View Online: [About Opportunities Fund - BC Centre For Ability | BCCFA \(bc-cfa.org\)](#)

The Opportunities Fund can provide disability supports for both individuals and employers. Eligible individuals can receive:

- Paid Work Experience / Wage Subsidy
- Skills for Employment (for courses and programs not eligible for student loans or WorkBC funding)
- Self-Employment
- Professional Development / Skills for Advancement funding
- Support Services and Accommodation Support while in the above activities

BC Refugee Hub English Conversation Circles by Communities | View Online: [\(Updated\) Free English Conversation Circles – A Comprehensive Listing – BC Refugee Hub](#)

English Conversation Circles are a free resource for all refugees and newcomers to take advantage of to practice their English skills, make social connections and learn about Canadian culture. For those eligible for LINC, this is a great supplemental resource and for those not eligible for LINC.

[Burnaby Neighborhood House – Digital Literacy Program | Various Locations | View Online: Poster Link](#)

Would you like learn to use email, create files and documents, use excel, search the Internet or practice typing and writing skills on a computer?

- We have 6 digital cafes per week at 3 of our locations (BNH North, BNH South and Brentwood).
- We are also doing outreach at various seniors' residences in Burnaby, which are essentially mobile digital cafes.
- Soon, we will start to run workshops run by our volunteers and these will resemble structured classes for certain topics, but they will be more hands-on than regular classes.

[Burnaby Public Library – English Conversation Circles | View Online: Events Index - Burnaby Public Library \(bpl.bc.ca\)](#)

A list of English Conversation circles available monthly in Burnaby.

[Canada Student Loans Program – Severe Permanent Disability Benefit | View Online: Severe and Permanent Disability Benefit – What this benefit offers - Canada.ca](#)

Get information on this federal program to support people with a severe permanent disability.

[Canucks Family Education Centre | January to June 2024 | View Online: CFEC Burnaby \(Edmonds & Maywood\) English Class Preregistration \(google.com\)](#)

Canucks Family Education Centre (CFEC) in partnership with Burnaby Community & Continuing Education (BCCE), will be offering free English Foundations and English 11 and 12 classes for adults (refugee claimants, convention refugees, permanent residents, and Canadian citizens).



Douglas College- VEST Program Info Session Registration | December 12<sup>th</sup> and 15<sup>th</sup> 2023 – Classroom N2203 North Building | View Online: <https://www.douglascollege.ca/programs-courses/explore-programs-courses/faculties/applied-community-studies/vocational-education-and-skills-training>

Douglas College will be hosting an information session on December 12<sup>th</sup> and 15<sup>th</sup> at the Douglas College New Westminster campus from 10:00am to 11:30am. For more information and to reserve a spot please contact Davi Bachra at [bachrad@douglascollege.ca](mailto:bachrad@douglascollege.ca).

Douglas College offers Vocational Education and Skills Training (VEST) programs to people with disabilities or barriers to education and employment. Under Skills Training stream students learn industry specific skills in the following areas: Electronic and General Assembly, Food Services, Retail and Business Services, Customer Service and Cashier Training. The program offers work experience.

**Additional dates may be available the week December 11<sup>th</sup> based on demand received by Davi.**

Kwantlen Polytechnic University – List of Upcoming Info Sessions | View Online: [KPU Information Sessions | Kwantlen Polytechnic University](#)

The above link shares information related to upcoming information sessions including for Diverse-Ability programs at KPU.

Kwantlen Polytechnic University – Opportunities for Diverse Learners | View Online: [Faculty of Academic & Career Preparation | KPU.ca - Kwantlen Polytechnic University](#) | Download the Latest Diverse-Abilities handout: [Click here to view the handout!](#)

Want to learn more about the exciting opportunities KPU's [Faculty of Academic and Career Preparation](#) has to offer diverse learners? Check out our new Diverse-abilities at KPU handout to learn more about our Literacy Communities, Employment & Community Studies program, and the Including All Citizens Pathway

Make A Change Canada- Business Abilities Program | View Online: [anycareer.ca](https://anycareer.ca) - [Online Tools for Employment and Self-employment](#) |

Make A Change Canada's Business Abilities Program provides planning resources and one-on-one coaching assistance, from career exploration to new business mentorship. Services are available free of charge to people who self-identify as living with a disability. Training is flexible and supportive with a continuous intake.

NeilSquire – Computer Comfort Program | View Online: [Computer Comfort - Neil Squire Society](#)

Computer Comfort provides the perfect starting point to develop those computer skills. If you have a disability, we provide one-on-one computer tutoring at no cost in a supportive, comfortable environment; [a refurbished donated computer for the home](#), if needed; and ongoing technical support.

Service Canada – Opportunities Fund for Persons with Disabilities | View Online: [Opportunities Fund for Persons with Disabilities - Canada.ca](https://www.canada.ca/en/service-canada/services/opportunities-fund-persons-disabilities.html)

The Opportunities Fund for Persons with Disabilities assists persons with disabilities to prepare for, obtain and maintain employment. The Opportunities Fund for Persons with Disabilities assists persons with disabilities to prepare for, obtain and maintain employment.

Steps Forward – Info Session | Wednesday November 8 at 6 PM at Emily Carr in Room A1060 | View Online: [Student Openings - WWW.BC-IPSE.ORG](https://www.bc-ipse.org)

STEPS Forward, the BC Initiative for Inclusive Post-Secondary Education (BC IPSE) is holding an information session for students interested in attending post-secondary institutions in the Lower Mainland, specifically: the University of British Columbia (UBC), Simon Fraser University (SFU), Emily Carr University of Art and Design (ECU), and Capilano University (CapU) through the support of Steps Forward, BC-IPSE. Families and support networks of prospective students are encouraged to join as well.

**Please note that applications to STEPS Forward are due by December 1, 2023.**

VIU – Co-operative Entrepreneur Training Program | View Online: [Co-operative Entrepreneur Training program | VIU ACP](#)

The Co-operative Entrepreneur Training program (CETP) gives you the support you need to learn the essentials of running your own business. CETP supports people with diverse abilities to achieve their business dreams through business planning, securing funding, mentorship and building community support.

#### 4.0 Employment & Volunteer Opportunities & Job Skill Training Programs

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Aunt Leah's – Volunteer Opportunities | View Online: [Volunteer With Us | Aunt Leah's Place \(auntleahs.org\)](#)

Volunteers are critical to the success of our programs and to the lives of the young people we help. There are many ways you can make a difference. If you are interested in volunteering with us, please contact our Volunteer Coordinator, Hope Rayson at [hrayson@auntleahs.org](mailto:hrayson@auntleahs.org). Volunteer opportunities include:

- Thrift Store
- Donation Centre
- Tree Lots (Seasonal)
- Other

Canadian Mental Health Association Vancouver Fraser – Volunteer Opportunities | View Online: [Volunteering - Help shape the future! - CMHA Vancouver-Fraser](#)

Volunteers can participate on our CMHA-VF Board or an advisory committee, engage in annual fundraising events or promote our community outreach and education programs encompassing youth, adults, and seniors. Current opportunities include the Treasure Chest Thrift Store in New Westminster and with the Giving Tuesday Campaign.

City of Burnaby – Volunteer Opportunities | View Online: [Volunteer | City of Burnaby](#) | Advisory Bodies or Boards (Deadline November 17, 2023): [City seeks volunteers for advisory bodies or boards | City of Burnaby](#)

When we volunteer, we are helping to build a stronger community, by forging connections between people who might come from different backgrounds and life experiences. Some of the volunteer opportunities include:

- Burnaby Art Gallery
- Burnaby Village Museum
- Shadbolt Centre for the Arts
- Festivals and Special Events, and more.

City of Coquitlam – Volunteer Opportunities | View Online: [Coquitlam Honours Veterans and Armed Forces | Coquitlam, BC](#)

There are a range of ways to get involved in Coquitlam this holiday season including becoming a Park Spark volunteer.

Volunteers are invited to add their sparkle to the light display in a number of different ways:

- Fabricate lit elements Install special displays
- Take part in light-making workshops
- Host a night throughout the season

Workshops will take place throughout October and November. Light installations will take place until November 24. If you are interested in getting involved,

City of Maple Ridge – Volunteer Opportunities | View Online: [Volunteer | Maple Ridge, BC](#)

Volunteering isn't one-size-fits all, so let us help you find your perfect match! Maple Ridge Parks, Recreation & Culture has diverse opportunities that fit with your passions and unique talents. Give a little time to a cause that you care about and volunteer with youth, aquatics, festivals, emergency support services and more.

City of New Westminister – Volunteer Opportunities | View Online: [Volunteer Opportunities | City of New Westminister \(newwestcity.ca\)](#)

New Westminister is a community where everyone belongs and has the opportunity to connect and contribute. Volunteer opportunities include:

- Animal Shelter
- Advisory Committee Member
- Emergency Support Services
- New Westminister Public Library, and more.

Community Services – Supported Volunteer Program Maple Ridge / Ridge Meadows | View Online: [Supported Volunteer Program | Community Service Program | Community Services Maple Ridge & Pitt Meadows \(comservice.bc.ca\)](#)

Funded by the Government of BC and Community Living BC, The key focus of the supported volunteer program is to assist adults with developmental disabilities to integrate more fully into our community by way of a volunteer position in a non-profit agency.

Deltassist – Youth Volunteer Directory | View Online: [Volunteer at Deltassist - Deltassist Family and Community Services Society](#)

Although one must be 19 yrs + to volunteer at Deltassist we have compiled a list of organizations that enlist Youth volunteers. Deltassist's Youth Volunteer Directory [Youth Volunteer Directory – 2020-2021](#) was produced for youth to find meaningful volunteer opportunities.

Embers – Training Programs | View Online: [EMBERS Training - emberscanada.org](#)

All of our courses are offered by experienced instructors with subject matter expertise. Courses offered are subject to availability and eligibility.

Some of our training courses and programs include, but are not limited to:

- Construction
- Career Guidance & Goal Setting

- Apprenticeship Advice
- Health & Wellness

FocusAbility – Customized Employment | View Online: [Home \(focusability.ca\)](https://focusability.ca)

FocusAbility supports people with disabilities find meaningful employment. The purpose of this initiative is to connect people with disabilities and employers in BC and help employers recruit and hire job seekers with disabilities. The website provides a list of BC employers as well as job opportunities available for people with disabilities looking for work. Site users must register to apply for jobs online.

GoVolunteer.ca – Database of Volunteer Opportunities | View Online: [GoVolunteer | Connecting Canada's Volunteers with Nonprofit Organizations | Vancouver/ Western Canada](https://www.govolunteer.ca)

Welcome! We've re-organized and shifted to a new platform. Please visit the portals below to Volunteer Connector to search or post volunteer opportunities. You can still find volunteer resources and featured BC volunteer listings below. Govolunteer.ca is a place to connect with volunteer-based resources in British Columbia.

ISS of BC – Digital Literacy Tutor Training (Online) | View Online: [ISS of BC's Digital Literacy Tutor Training - Inclusion BC](https://www.issbc.ca/digital-literacy-tutor-training-inclusion-bc)

The Immigrant Services Society of BC, recognized for their proven digital literacy training for newcomers, has developed online Digital Literacy Tutor Training for the community living sector. This training includes proven materials and successful strategies for teaching digital skills, including learning videos and practice activities for learners (see sample video here – [Be Organized Part 1: Create and use folders](#)).

The training provides all teaching materials and prepares employment service provider staff to teach individuals during support hours how to use technology step-by-step and at the learners' pace.

NeilSquire – Creative Employment Options | View Online: [Creative Employment Options - Neil Squire Society](#)

Do You Have a Disability? Let Us Help You Get Job Ready and Land the Job You Want - We're looking for people just like you to join our Creative Employment Options program. We'll help you develop the skills needed to achieve your employment goals. Our program is unique, comprehensive, and most importantly, focused on you.

Volunteer BC – Database of Volunteer Opportunities | View Online: [Home - Volunteer BC](#)

Volunteer BC is the voice of volunteerism with the goal of promoting the value of volunteerism and building healthy BC communities. Our programs help British Columbians mobilize their talents as volunteers, offer educational opportunities, and provide useful tools and ways to address critical community needs.

Volunteer Burnaby – Supported Volunteering – Special Needs Access Program | View Online: [Supported Volunteering – Special Needs Access Program - Volunteer Burnaby](#)

Based on our values, we introduced in 1993 the Special needs Access Program (SNAP) today supported by Community Living BC. Our program supports people with mild to moderate developmental disabilities by helping them find meaningful volunteer positions within their community.

WorkBC – People with Disabilities Resources | View Online: [People with Disabilities | WorkBC](#)

B.C. provides a broad spectrum of resources for people with disabilities. Get the latest information on resources relevant to you.

YWCA – Survive to Thrive Employment Program | Continuous Intake | View Online: [Info-Session & Registration - Referral Sign-up - Survive to Thrive \(office.com\)](#)

Survive to Thrive is free up to a 12-week program that offers specialized employment and skills training services for survivors of violence and/or abuse.

## 5.0 Financial, Food Security, Housing & Living Supports

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Aunt Leah's Friendly Landlord Network - Looking for Landlords | View Online: [The Friendly Landlord Network](#)

Rent out your place and help prevent youth and families in need from becoming homelessness! All FLN Partner Organizations agree to provide our tenants and landlords with a minimum level of service.

BC Food Banks – Find a Food Bank Directory | View Online: [Find a Food Bank | Food Banks BC](#)

To find a member food bank in your community click on the map for the locations or check by city.

No food bank in your community? Check with the nearest location to you. Sometimes our rural members have additional depots in nearby communities too.

BC Fuel Tax Refund Program for Persons with Disabilities Designation | View Online: [Fuel tax refund program for persons with disabilities - Province of British Columbia \(gov.bc.ca\)](#).

The webpage noted above shares the following information to register initially for the BC Fuel Tax rebate program following the provision of supporting document including:

- [Appendix 1 - Disability Assistance Confirmation](#)
- [Appendix 2 - Medical Certification](#)
- [Appendix 3 - Vehicle Ownership Declaration](#)

If you use assistive technology and would like to register using the PDF forms, contact us at 1-877-388-4440 so we can help you complete your application. The number listed to call is [1-250-410-0373](#) if you have any questions related to the application process.



BC Housing – Housing Lists | View Online: [Housing Listings PDFs | BC Housing](#)

To increase your chances of securing [rental subsidized housing](#), we recommend that you:

1. Apply online directly to [The Housing Registry](#); AND
2. Apply directly with non-profit societies and co-operatives who manage their own application lists.

Burnaby Community Services - Burnaby Christmas Bureau | Registration Window: December 1 to 9 for Low Income Families | View Online: [www.bbyservices.ca/Christmas](http://www.bbyservices.ca/Christmas)

The Burnaby Christmas Bureau provides Christmas cheer to people with low income and living in Burnaby through our Toy Room and Seniors Hamper Program.

Canada Revenue Agency- Disability Tax Credit (DTC) | View Online: [How to apply - Disability tax credit \(DTC\) - Canada.ca](#).

You can call 1-800-959-8281 or for TTY 1-800-665-0354 to confirm the current status of your DTC (active or expired) . As of June 2023, the Disability Tax Credit application process is now fully digital (completion of the T2201 Form, Disability Tax Certificate). Applicants can now complete Part A of the application form online using "My Account." Once this is done, the applicant receives a reference number to give to their medical practitioner who will use it to complete Part B of the form which must be certified and submitted by the medical practitioner.

Canada Revenue Agency – Monthly Webinars | See Various Links

Canada Revenue Agency is pleased to continue to host live monthly webinars on MS Teams. We wanted to send a gentle reminder of the webinars scheduled for the remainder of the year. There is no registration required for our MS Teams presentations, you will just click the link below. MS Teams has built in closed captioning. To turn on this feature click on the 3 dots “...” beside reactions in the top menu bar and select “Turn on live captions”, the captions will show up along the bottom of your screen.

- Thursday December 7 at 11 AM | CRA Benefits and Credits for General Modest Income | Join Webinar: [Join conversation \(microsoft.com\)](#)

- Thursday December 21 at 11 AM | CRA Benefits and Credits for Newcomers | Join Webinar: [Join conversation \(microsoft.com\)](#)

City of Burnaby – Food Security Program Listing | View Online: [Food Security | City of Burnaby](#)

We are working with stakeholders like organizations providing support for food-insecure people, people managing and growing in community gardens, and advocates for social policy changes.

City of New Westminister – Community Resources | View Online: See Links Below by Topic

The City of New Westminister provides a range of quick access resource lists including:

- [CNW Extreme Heat Preparedness](#) (Current)
- [Food Resource Calendar and Survival Resource Guide](#) (CNW) (Current)
- [Community Health Resources](#) (Feb 2023)
- [Key Information and Resources for Tenants](#) (CNW) (Sept 2022)

Community Parks and Recreation – Fall Program & Recreation Pass Info | View Online: See Links Below by Community

Communities also have subsidized programs that usually those on fixed incomes, like PWD Benefits, can access to support their participation in parks and recreation programs. The links below take you to community based financial support info:

- City of Burnaby – Recreation Credit Program – [Recreation Credit Program | City of Burnaby](#) | Fall Activity Guide - [Fall-Activity-Guide.pdf \(burnaby.ca\)](#)
- City of Coquitlam – Financial Assistance for Recreation Program - [Financial Assistance for Recreation | Coquitlam, BC](#) | Fall Program guide - [Coquitlam Program Guide for Winter 2023](#)
- City of Maple Ridge – Access Pass Program - [Financial Access | Maple Ridge, BC](#) | Fall Program Guide - [FALL Program Guide 2023 \(cld.bz\)](#)
- City of New Westminister – Active Pass Program - [Access & Inclusion | City of New Westminister \(newwestcity.ca\)](#) | Fall Active Living Guide - [2023 Fall Active Living Guide \(flippingbook.com\)](#)

Co-operative Housing Federation of BC (CHF BC) | View Online: [Find a Co-op - CHF BC](#)

CHF BC has a newsletter you can register for to remain up to date on a range of information. They also have a “Find A Housing Co-operative” search engine with filters to help you explore available options.

Disability Alliance of BC – DTC Factsheet | View Online: [HS14 | The Disability Tax Credit | DABC \(disabilityalliancebc.org\)](#)

The Disability Alliance of BC has pulled together some information to help youth and families looking to complete the application for the DTC.

EFry Burnaby Housing for Women | View Online: [Anna-Buxton Apartments, Burnaby Housing Application - Elizabeth Fry \(efry.com\)](#)

The Anna Buxton Apartments are operated by EFry as women centred affordable housing. The 4-storey building contains 49 units, featuring studio, junior one-bedroom, one bedroom, two-bedroom and three-bedroom apartments for low-income women and women-led families.

Fraser Health – Free and Low-Cost Food Directory (Updated Annually) | View Online: [Free and low-cost food directory - Fraser Health Authority](#)

Search for programs in your community from the attached link. Note, please call before visiting to ensure times and services have not changed. We update this list yearly.

Listings provided include the communities of:

- Abbotsford
- Agassiz & Harrison Hot Spring
- Burnaby
- Chilliwack
- Delta
- Hope & Boston Bar
- Langley & Aldergrove
- Maple Ridge and Pitt Meadows
- Mission

- New Westminster
- Surrey
- Tri-Cities

HandyDART | View Online: [BC Transit - Register | handyDART | BC Transit](#) | Application Form Link: <https://www.bctransit.com/documents/1529721190548> | Simplified For Instructions Link: [Click Here](#)

HandyDART is a door-to-door, public ride service that uses specially equipped vehicles designed to carry passengers with disabilities who are unable to use regular public transit without assistance. The driver will come to your home, help you board on the vehicle, and get you to the door of your destination safely.

Please note that HandyPASS is a separate benefit and useful in that it allows an attendant riding with a youth to ride for free on a fixed route bus. It also allows for participation in the taxi saver program.

H&R Block- Benefits of the DTC | View Online: [Disability tax credits Canadians need to know. | H&R Block Canada \(hrblock.ca\) | Benefits of the Disability Tax Credit \(disabilitytaxservice.ca\)](#)

An article outlining some of the additional benefits that come from having a Disability Tax Credit in place.

Key To Home – Inclusive Housing Options Tools | View Online: [Tools for Individuals and Families - Key to Home \(keytohomebc.ca\)](#)

The resources below provide helpful information for individuals and families exploring inclusive housing options. You can click each of the links provided to open an information sheet about that topic.

Lookout Society – Housing Options | View Online: [Home - Lookout Housing + Health Society \(lookoutsociety.ca\)](https://lookoutsociety.ca)

Our services serve 19 municipalities in BC, including Vancouver, Victoria, Surrey, New Westminister, the North Shore, Burnaby, Langley, Abbotsford, Chilliwack, Mission and Duncan. Our services and housing operate 24 hours a day, 365 days a year, to people requiring assistance.

Pacific Immigrant Resources Society – Food Access Program | View Online: [Food Access Program: Free Food for Immigrants & Refugees \(pirs.bc.ca\)](https://pirs.bc.ca)

Food Access Program provides nutritious food for immigrant and refugee families. We distribute weekly healthy food hampers and care packages to families in need through various locations including Journey Home in Burnaby.

Primary Care Network – Burnaby Community Fridge Locations | View Online: [Burnaby Community Fridge - Burnaby Primary Care Networks \(burnabypcn.ca\)](https://burnabypcn.ca)

The Community Fridge program provides food in a safe, low barrier and non-judgmental way. It provides a place for people in our neighbourhoods to give and take, to reduce waste and to build our food security in Burnaby. Fridge locations include:

- Tian-Jin Temple Fridge & Pantry  
Where: Tian-Jin Temple, [3426 Smith Avenue](https://www.google.com/maps/place/3426+Smith+Avenue,+Burnaby,+BC)  
Hours of Access: Every day, 24 hours/day
- Parish of St. Timothy Fridge  
Where: Parish of St. Timothy, [4550 Kitchener St](https://www.google.com/maps/place/4550+Kitchener+St,+Burnaby,+BC)  
Hours of Access: Every day, 24 hours/day
- SFU Fridge  
Where: SFU Burnaby, [MBC, Floor 0/7000 level, 8888 University Drive](https://www.google.com/maps/place/8888+University+Drive,+Burnaby,+BC)  
Hours of Access: Monday-Friday, 7 a.m. – 9 p.m., subject to SFU campus holiday hours and closures.
- BCIT Fridge  
Where: BCIT Burnaby, [Building SE2, Floor 2, 3700 Willingdon Ave](https://www.google.com/maps/place/3700+Willingdon+Ave,+Burnaby,+BC)

**Hours of Access:** Subject to BCIT's regular campus hours and holiday hours and closures.

Purpose Rent Banks in Burnaby & New Westminister | View Online: [Burnaby Rent Bank – Lower Mainland Purpose Society for Youth and Families](#) | [New Westminister Rent Bank – Lower Mainland Purpose Society for Youth and Families](#)

The Purpose Rent Banks in Burnaby and New Westminister offers low-fee, no-interest, short-term loans to low to moderate-income individuals and families that live in Burnaby and are at risk of eviction or essential utility disconnection due to a temporary and unexpected financial crisis. This helps to increase housing stability and prevent homelessness across the City.

Right Fit – Accessible Unit Listing Page | View Online: [Property Listings Archive - Right Fit \(therightfitbc.org\)](#)

Lists the available housing units that are accessible in the Lower Mainland.

Spinal Cord Injury BC – Affiliated List of Accessible Units | View Online: [Accessible Housing – SCI BC Marketplace \(sci-bc.ca\)](#)

Spinal Cord Injury BC Marketplace provides a search engine with filters that include:

- Accessible Employment
- Accessible Housing for Rent or Sale
- Accessible Vehicles with Modifications and
- Swap n Shop

## 6.0 Health & Mental Wellness

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BC Bereavement Helpline | Phone Toll Free 1-877-779-2223 | View Online: [British Columbia Bereavement Helpline - Grief Support \(bcbh.ca\)](#)

The BC Bereavement helpline is committed to facilitating the provision of care and support to the bereaved, caregivers and service providers.

BC Health Connect Registry – Find a Primary Care Provider | View Online: [Health Connect Registry | HealthLink BC](#)

To be matched with a primary care provider in Burnaby, you can now register through [BC's Health Connect Registry](#). When you register, you are added to a centralized registry of primary care providers across your community. Registration takes less than 10 minutes. You need to provide:

1. Personal Health Number (PHN), found on your BC Services Card
2. Home address
3. Email address and phone number

Burnaby Primary Care Network – Urgent Primary Care Centres in Edmonds and Metrotown | View Online: [Urgent and Primary Care Centres - Burnaby Primary Care Networks \(burnabypcn.ca\)](#)

The Edmonds Centre for Healthy Communities Health and Wellness Services is part of the Burnaby Edmonds Primary Care Network (PCN) and provides team-based care to patients attached to Burnaby family doctors and nurse practitioners. Services include social work, lifestyle behavioral change support, mental health counselling, physiotherapy, clinical pharmacy, and outreach nursing.

There is also a primary care centre in Metrotown that also welcomes walk-ins.

Burnaby School District – Mental Health Resources | View Online: [Mental Health Resources - Burnaby Schools - School District 41, Burnaby, BC, Canada](#)

Burnaby School District staff have curated a number of resources with information for parents, students and staff.

Burnaby Hospice Society – Young Adult Grief Support Group | Monthly on the last Tuesday from 6:30 to 8:30 PM | For Info: Call 604-520-5087 or email [info@burnabyhospice.org](mailto:info@burnabyhospice.org)

This free, professionally-facilitated support group will provide a safe space for young adults to share their grief experiences with peers.

- For Burnaby residents aged 18 to 35 who have experienced a loss more than six months ago
- The group will run from September 2023 to May 2024
- Meetings will be in-person
- Pre-registration is required – please note that space is limited

Child and Youth Mental Health | View Online: [Child & Youth Mental Health Intake Clinics - Province of British Columbia \(gov.bc.ca\)](#)

Walk in intake assessment for mental health concerns – Calling ahead to arrange videoconferencing is preferred at this time – After assessment, children and youth are either seen at CYMH for counselling, or referred to another appropriate agency for support

CYMH Burnaby (Brentwood)

701-1901 Rosser Avenue | Burnaby | 778-572-2370

CYMH Burnaby (Metrotown)

201-7645 Kingsway | Burnaby | 604-660-9544

CYMH New Westminster

201-1065 Columbia Street | New Westminster | 604-660-9495



Family Smart – In The Know Learning Series “Emotional Regulation” | Starts November 8 at 6 PM | View Online: [Monthly Events - FamilySmart](#)

Young people face many different stressors in today’s world. This can lead to feelings of overwhelm and dysregulation. This event offers parents and caregivers strategies to cope with emotion dysregulation and to create an environment for positive change for their young people. Come together with other families to watch this 35-minute video presentation followed by a 40-minute facilitated discussion by a FamilySmart Parent Peer Support Worker.

Every month, we host online events for parents & caregivers who are parenting a child or youth with a mental health and/or substance use challenge called “in the know.”

Fraser Region – List of Urgent and Primary Health Centres | View Online: [Urgent and Primary Care Centre - Fraser Health Authority](#)

An Urgent and Primary Care Centre (UPCC) is a medical facility that provides:

- Provides care for urgent, non-life-threatening medical concerns when you are unable to see your family practitioner or access a walk-in clinic in a timely manner.
- Assesses your health care needs and helps connect you with the appropriate services, at the UPCC or in the community.
- A UPCC is not intended to replace family physicians and nurse practitioners as a person's first point of contact for health concerns.

New Westminister Wellness Centre | View Online: [Wellness Centre – New Westminister Schools – District 40 \(newwestschools.ca\)](#)

The Wellness Centre is a community hub that allows us to support and promote healthy living, in a way that’s centred around connection and care for students and families in New Westminister. Some of the services we’re pleased to offer include:

- Mental Health Support
- Grief and Bereavement Care
- Community Health and Primary Care (The nurse practitioner is available to provide free and confidential care every Tuesday from 10:30am to 2:00pm.)

- Prevention & Health Promotion

PLEA and Purpose – TransSupport Group for youth & families | View Online: [TransSupport - PLEA Community Services](#)

We provide free, confidential, and voluntary support sessions for transgender youth aged 25 years and under. Separate sessions for parents and family members take place at the same location (different room), at the same time.

Province of BC – Book a Pharmacist Online for Minor Ailments and Prescription Contraceptives | View Online: [See a pharmacist for minor ailments or contraception - Province of British Columbia \(gov.bc.ca\)](#)

B.C. residents can [book an appointment](#) to see a pharmacist for 21 [minor ailments](#) and prescription [contraceptives](#).

Purpose – Peer Assisted Care Team | View Online: [Peer Assisted Care Team – Lower Mainland Purpose Society for Youth and Families](#)

The Peer Assisted Care Team (PACT) is a mobile, community-led team that offers support to individuals experiencing a mental health and/or substance use crisis. Our team, comprised of a Mental Health Worker and a Peer Support Worker, will attend to crisis calls during scheduled service hours to provide culturally safe support to youth and adults in the city of New Westminster. **Support is now available 7 AM to 11:30 PM, 7 days a week just call 778-727-3909.**

Qmunity – GAB Youth Drop-Ins | Online Sessions Wednesdays 4 to 5 PM | Contact: [youth@qmunity.ca](mailto:youth@qmunity.ca) for details and Zoom link

A youth drop-in for 2SLGBTQIA+ youth ages 14 to 25, a community-oriented space where youth can hang out and seek support. Activities include games, crafts, as well as the opportunity for open hangout time with peers.

Queer in Colour – Support Group for BIPOC Queer Youth & Adults 19+ | Sundays  
November 5, 19 & December 3, and 17, 2023 at 2 PM | View Online: [Queer in Colour - Support Group for BIPOC Queer Youth and Adults 19+ Tickets, Multiple Dates | Eventbrite](#)

Calling all BIPOC queer youth and adults 19+! Join us for a safe and supportive space at our joint support group, facilitated by Sher Vancouver and HIM. Topics will range from body positivity to health promoting behaviours to navigating queer life and culture as a BIPOC person.

Real Talk – Social Support Group for 2SLGBTQIA+ with Disabilities | View Online: [CQC Upcoming Events - Real Talk \(real-talk.org\)](#)

Connecting Queer Communities (CQC) is a 1-year initiative from Real Talk being funded by an Accessibility Projects grant from the Disability Alliance of BC. CQC supports 2SLGBTQIA+ people who are labeled with learning disabilities to connect with one another and with the wider 2SLGBTQIA+ community in the Greater Vancouver area.

Salvation Army – Illuminate Anti-Human Trafficking Initiative | View Online: [Illuminate - Ending Human Trafficking \(illuminateht.com\)](#)

The Spark at Illuminate is an initiative that offers education, training, and consultation, across BC and Canada, for all service sectors. We boldly disrupt the cycles of human trafficking by illuminating public awareness through education, relentless intervention strategies, safe places for survivors to heal, and establishing networks that build back extraordinary lives for those affected in Canada.

Shoreline Counselling – Free 10 Week DBT Skills for Neurodivergent Individuals | To Register Contact: [info@shorelinecounselling.ca](mailto:info@shorelinecounselling.ca)

A free 10-week online group. Real life is complex and mental health is not static. Come learn how DBT skill can help you with Melissa Kramer. The group is designed for individuals who identify as autistic or ADHD but is open to anyone who considers themselves neurodivergent.

Think Tenacity Podcast – Diary of a Black Therapist Series – Making Time for Black Mental Health | View Online: [Diary of A Black therapist Series | Psychotherapist Guest: Martina Jean-Jacques | Making Time for Black Mental Health \(buzzsprout.com\)](#)

Making time for black mental health event. Powered by Think Tenacity Academy CIC, we serve the community by providing access to Black Therapists.

Toward the Heart – BCCDC List of Harm Reduction Services | View Online: [Find a harm Reduction Site | Toward the Heart](#)

Learn about where to access safer sex and drug use supplies, how to administer naloxone, and explore a searchable database for harm reduction services.

Vancouver Black Therapy & Advocacy Foundation | View Online: [VBT&AF \(vancouverblacktherapyfoundation.com\)](#)

VBT&AF is a non-profit organization connecting Black community members in need to mental health resources such as free therapy and advocacy services. They help low-income, newcomer, LGBTQIA+ and disabled Black folks in BC access therapy.

Volentia Healthcare Translation for Healthcare Appointments | View Online: [Healthcare Interpreter / Translator Booking Form \(google.com\)](#)

Volentia Healthcare Translation is a UBC organization providing free healthcare translation services, where a translator can accompany you to your healthcare appointments. Our volunteer interpreters are undergraduate and graduate students who are native speakers of Mandarin, Korean, or Punjabi. We serve all areas in Greater Vancouver including Burnaby, Surrey, Richmond, and Coquitlam.

## 7.0 Indigenous Programs, Events & Supports Resources

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ACCESS Employment Support | View Online: [ACCESS - Aboriginal Community Career Employment Services Society - Home \(accessfutures.com\)](#)

ACCESS provides education and training services to Indigenous people living in Greater Vancouver including:

- Employment services – provides career advising, resume writing, funding for training and job search support;
- BladeRunners - trains at-risk youth for entry level work in the construction industry and then places them into full-time jobs;
- Essential Skills for Aboriginal Futures – provides skills upgrading and preparation for training and employment; and
- Trades Training & Apprenticeship – provides training and support for Indigenous apprentices.

AgedOut.com – Get a Status Card | View Online: [Get a Status Card | Aged Out -](#)

A Status Card verifies your First Nations or Inuit heritage. You can get benefits and resources specifically for First Nations or Inuit people once you've got a Status Card. As of December 10, 2020, you can select a non-binary gender identifier on the application form when applying for Indian status or a status card: M (male), F (female) or X (another gender).

BC First Nations Perspectives on Accessibility Project – Looking for Participants | View Online: [What Does Accessibility Mean to You? \(fnha.ca\)](#)

You may participate if you identify as a First Nations person living in BC with a disability, have a family member or loved one living with a disability, or have professional experience working with First Nations living with disabilities in BC.

FNHA offers three options for participating in this study:

1. Complete an individual, open-ended interview, either in-person or virtually
2. Participate in a focus group

3. Complete an in-person interview, and take the project team on a tour of a building that you are familiar with to discuss accessibility features that were (or were not) made in the construction of the facility

An honorarium will be provided, with gratitude.

BC Metis Federation – Louis Reil Day Cultural event | November 16 from 6 to 9 PM | View Online: [Louis Riel Day Métis Cultural Event - BC Métis Federation \(bcmetis.com\)](https://bcmetis.com)

In recognition of Louis Riel Day, join the [BC Métis Federation](https://bcmetis.com) on November 16 to learn more about the storied life of Louis Riel. The evening will include a presentation from Métis historians George and Terry Goulet, fiddle music with Rene Therrien, and a jigging demonstration.

Lu'ma – Aboriginal Youth Mentorship and Housing Program | View Online: [Aboriginal Youth Mentorship and Housing Program — Lu'ma Group of Companies \(lnhs.ca\)](https://lnhs.ca)

Lu'ma provides mentorship support to Indigenous youth transitioning from foster care into adulthood. The program connects youth with the wider community and youth-centered goals of building healthy, meaningful lives and family connections in a culturally appropriate manner.

Lu'ma Housing Society – Video Series- Where Are All My Relations? | View Online: [Indigenous-led Solutions to Indigenous Homelessness — Lu'ma Group of Companies \(lnhs.ca\)](https://lnhs.ca)

*Where Are All My Relations? Stories of Indigenous Homelessness in B.C.* is an eleven-episode series that explores Indigenous homelessness rooted in Indigenous worldviews and experiences. The series provides a broader understanding of Indigenous homelessness in British Columbia.

Lu'ma – Medical Centre Culturally Safe Healthcare | View Online: [Lu'ma Medical Centre — Lu'ma Group of Companies \(Inhs.ca\)](#)

The Lu'ma Medical Centre offers a range of programs and services including:

- Traditional Healing and Elders Program
- Primary Care
- Counselling
- Social Navigation
- Wellness
- Dietitian Services

Metis Culinary Arts Program & Employment | View Online: [Métis Culinary Arts Program & Employment | MNBC](#)

This program offers the fundamentals you need to gain an entry-level position within a kitchen. Students will learn essential cooking and baking skills, explore Indigenous cuisine and develop invaluable networks with other Métis Citizens, Elders and an industry-leading Indigenous chef, Paul Natrall aka Mr. Bannock!

Office of Respectful Environments, Equity, Diversity & Inclusion – Indigenous Speakers Series – Our Language and Stories are Far too Complex for Them to Understand | Wednesday November 22, 2023 at 12 Noon | View Online: [Our Language and Stories are Far Too Complex for Them to Understand: An Excavation of Sorts About Who We Are and Where We Come From - Respectful Environments, Equity, Diversity & Inclusion \(ubc.ca\)](#)

In this session, we will learn about the rewriting of Indigenous histories, framed through Indigenous knowledge. This talk is about reclaiming the way that we understand Indigenous Peoples' identity, sense of belonging, and place, and it's about the recovery of all things that were either stolen or dispossessed from Indigenous Peoples – family, language, lands, humanities, ceremonies, and safety.

Office of Respectful Environments, Equity, Diversity & Inclusion – Indigenous Speakers Series – We’re Still Dancing Around the Table | View Online: [We’re Still Dancing Around the Table: Reconstituting our Sensibilities about Truth, Reconciliation and Redress - Respectful Environments, Equity, Diversity & Inclusion \(ubc.ca\)](#)

In this Indigenous Speaker Series session, we had conversation with Chief Bill Wilson – *Hemas K̓laLeeLeeK̓la*, Founding Signatory of the BC Treaty Commission and Founding Chairman of the BC First Nations Congress (First Nations Summit). He brought both truth and truthfulness about past and present contexts of our collective struggle to negotiate Indigenous peoples’ legitimate and proper place in British Columbia and Canada.

Spirit of the Children – Housing First Program | View Online: [Housing Support – Spirit of the Children Society \(sotcs.ca\)](#)

Our workers from the Housing First Youth Program support Indigenous youth (16 to 24) who are either aging out of care or have aged out, to obtain or sustain housing. Our goal is to connect youth to permanent housing and provide resources for life skills development and cultural teachings.

Spirit of the Children - ᓃᓂᓄᓐᓂᓄᓐᓂᓄᓐ YOUTH HUB | View Online: [Youth – Spirit of the Children Society \(sotcs.ca\)](#)

Our youth programs are filled with a variety of activities in a fun, safe, and supportive environment. Such activities include games, arts and crafts, movie nights, cultural teachings, and Summer outdoor gatherings.

UBC Indigenous Public Health Winter Institute 2024 | View Online: [Indigenous Public Health Program \(IPH\) - UBC Centre for Excellence in Indigenous Health 2023](#)

The Indigenous Public Health Training Institutes equip Indigenous community members and scholars with the necessary skills to address public health issues in Indigenous communities. One-week intensive courses are offered toward the completion of the Graduate Certificate or Certificate (non-credit) in Indigenous Public Health, or courses can be taken individually.



UBC Learning Circle Webinar – Sharing Anishinaabe Health Research in Good Ways with Dr. Cindy Peltier | November 16, 2023 at 10 AM | View Online: [November 16th, 2023 – Sharing Anishinaabe Health Research in Good Ways with Dr. Cindy Peltier Anishinaabe | UBC Learning Circle](#)

This session will focus on how one researcher transformed research findings into teaching tools such as a film and online pedagogy grounded in Anishinaabe knowledge to respect community priorities.

Weaving Community Together – Westcoast Carving & Drawing | November 17 and 14 from 6:30 PM | To Register call 604-718-5831

Join Tsimshian Artist Arthur Bolton in learning Westcoast Drawing, from Form lines, understanding various Westcoast Styles, Cultural teachings and Beginner Carving techniques. 20 Participants Capacity.

## 8.0 Intercultural Learning, Events & Resources

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Burnaby Intercultural Planning Table | December 7 from 9 AM to 1 PM | View Online: <https://tinyurl.com/3dt7543n>

Disability is a broad term that covers various conditions that affect a person's ability to do everyday activities and interact with the world and can affect anyone, regardless of age, gender, ethnicity, or socioeconomic status. Join us and:

- Have open discussions on challenges faced by those with disabilities.
- Dive into the language & terminology of disability.
- Explore the link between disability and mental health.
- Understand what true accessibility for everyone means.
- Discover different programs and supports available.

Burnaby Neighborhood House – In-Person Conversation Circle | Mondays 2:30 to 4:30 PM | View Online: [Multicultural-Conversation-Circle.png \(widen.net\)](#)

The Burnaby Neighborhood House offers a Multicultural Conversation Circle Program running between weekly until November 27<sup>th</sup>.

Len Pierre Consulting Video – Transformative Territory Acknowledgements Webinar | View Online: [Transformative Territory Acknowledgements webinar - YouTube](#)

Do you ever wonder why we do the territory acknowledgement? Do you wonder why some people read from a script and some speak from the heart? Would you like to add more meaning to your own Territory Acknowledgement in your professional practice? This session aims to answer all of your questions about territory acknowledgements.

## 9.0 Legal, Advocacy & Rights-Based Supports

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Advocate for Service Quality | View Online: [Advocate for Service Quality - Province of British Columbia \(gov.bc.ca\)](#)

The Office of the Advocate for Service Quality (OASQ) helps government better support:

- Adults with a developmental disability (this includes Autism Spectrum Disorder and Fetal Alcohol Spectrum Disorder)
- Teens with a developmental disability who are almost an adult
- Teens with special needs
- Family members and others who support a person with a developmental disability
- The OASQ may act as a neutral third party with you, your family and service providers. We'll help solve problems and find solutions to concerns and complaints.

BC Office of the Human Rights Commissioner | View Online: [Home - BC's Office of the Human Rights Commissioner \(bchumanrights.ca\)](#)

The BCOHRC is there to address the root causes of inequality, discrimination and injustice in B.C. by shifting laws, policies, practices and cultures. We do this work through education, research, advocacy, inquiry, and monitoring.

Disability Law Clinic | View Online: [Disability Law Clinic | DABC \(disabilityalliancebc.org\)](#)

The DLC provides a Summary Advice and Referral Service which is a free, confidential legal service, directly to persons with disabilities from across BC, on certain disability-related areas of law

Inclusion BC – Advocacy Program | View Online: [Advocacy - Programs & Services - Inclusion BC](#)

Inclusion BC provides free advocacy support to families of children and youth with disabilities and diverse learning needs, adults with intellectual and developmental disabilities, and their families. This could mean connecting you with resources in your community, offering information, creating a plan, and supporting you to advocate for the services you need.

Member of Legislative Assembly (MLA) | View Online: <https://www.leg.bc.ca/Pages/BCLASS-Search-Community.aspx?PlaceFirstLetter=A&>

MLAs will often return to their communities to learn about the issues and concerns that their residents may have and work on their behalf to help.

NIDUS- Representation Agreement Forms & Info | View Online: [Representation Agreement | Nidus Personal Planning Resource Centre and Registry](#)

A Representation Agreement is an enforceable legal document that can be made as of a young person's 19<sup>th</sup> birthday to support assisted decision-making. A representative under the agreement has legal authority to help a young adult manage their affairs and carry out their wishes if they need temporary or ongoing assistance — due to illness,

injury or disability. A representation agreement may cover health care, personal care, routine financial affairs and legal matters. There are **two main types** of Representation Agreements RA7 and RA9, the one to choose **depends on the young adult's cognitive capability** at the time of making it.

The following two videos will help you learn more about Representation Agreements:

- Plan for Health and Personal Care in BC – Representation Agreement - [Plan for Health & Personal Care in BC - Representation Agreement - YouTube](#)
- Representation Webinar – Includes the distinction between a representation agreement and committee ship - [Representation Agreements \(Recorded Webinar\) | People's Law School \(peopleslawschool.ca\)](#)

Ombudsperson of BC | View Online: [Office of the Ombudsperson | Province of British Columbia \(bcombudsperson.ca\)](#)

As BC's independent voice for fairness and accountability, we work to make sure public sector organizations are treating people fairly and following the rules. We listen to and investigate complaints about local and provincial public sector organizations as well as investigate reports of serious wrongdoing in the provincial government.

Square Peg Society | View Online: [Welcome - Square Peg Society](#)

We know that ASD individuals want to live as independent adults, in communities where they feel respected and included. We assist ASD adults in achieving this goal, by building confidence, pride, and skills, within our community, and by increasing inclusion, engagement, and participation, within our community and with society at large.

## 10.0 Monthly Days of Observance – November 2023

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The following is a list of various days that might be of significance for community members during the month of November. Each title is an active link where you can learn a bit more about the initiative:

## November 2023 List of Resources and Activities for Neurodiverse Youth and Families

- November 1 to 30 | Indigenous Disability Awareness Month | [Indigenous Disability Awareness Month \(IDAM\) | \(bcands.bc.ca\)](#)
- November 1 to 30 | Adoption and Permanency Awareness Month | [Adoption and Permanency Awareness Month | Adoptive Families Association of BC \(bcadoption.com\)](#)
- November 1 to 30 | CPR Awareness Month | <https://www.bclaws.gov.bc.ca/civix/document/id/proclamations/proclamations/CPRAwareMth2023>
- November 1 to 7 | Women and Girls in STEAM Week | <https://www.bclaws.gov.bc.ca/civix/document/id/proclamations/proclamations/STEAMWk2023>
- November 9 to 16 | Pacific Autism Family Network Week | <https://www.bclaws.gov.bc.ca/civix/document/id/proclamations/proclamations/PacificAutismFamilyNetworkWk2023>
- November 13 to 19 | Transgender Awareness Week | [Transgender Awareness Week | GLAAD](#)
- November 25 to December 10 | 16 Days of Activism Against Gender-Based Violence | [16 Days of Activism Against Gender-based Violence - Women and Gender Equality Canada](#)
- November 1 to 2 | The Day of the Dead (el Dia de los Muertos) | [Day of the Dead \(Día de los Muertos\) - Origins, Celebrations, Parade | HISTORY](#)
- November 8 | Indigenous Veterans Day | [Indigenous Veterans Day \(rcaanc-cirnac.gc.ca\)](#)
- November 11 | Remembrance Day | [Remembrance - Veterans Affairs Canada](#)
- November 12 | Diwali | [Diwali/Deepavali 2023 in Canada \(timeanddate.com\)](#)
- November 16 | Louis Riel Day | <https://www.bclaws.gov.bc.ca/civix/document/id/proclamations/proclamations/LouisRielDay2023>
- November 18 | International day of LGBTQIA People in STEM | [LGBTQ+ STEM DAY | Pride in STEM](#)
- November 20 | Transgender Day of Remembrance | [Transgender Day of Remembrance | GLAAD](#)
- November 25 | International Day for the Elimination of Violence against Women | [International Day for the Elimination of Violence against Women | United Nations](#)

## 11.0 Newcomer Programs and Resources

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Immigrant Services Society – Women’s Peer Support Groups Available in Farsi/Dari, Ukrainian, Spanish and English | View Online: <https://issbc.org/wp-content/uploads/2023/09/Multicultural-Womens-Group-2.pdf> | To Register: Contact Fiorella at [fiorella.diliberto@issbc.org](mailto:fiorella.diliberto@issbc.org) or (778) 319-3884

AVAILABLE IN 4 LANGUAGES: Farsi/Dari, Ukrainian, Spanish, and English

Come and join our free 10-week support groups for immigrant and refugee women.

- Meet other women and make friends
- Learn about benefits and resources in the community
- Share your experience in a safe and supportive space
- Receive a certificate of participation
- Practice your English (Multicultural group)

### Multicultural Women's Support Group (English)

Mondays 10am-12pm - Online (Zoom)

October 16 - December 18

### Spanish Women's Support Group

Tuesdays 10am-12pm - In-Person (Includes childminding)

October 10 - December 12

### Ukrainian Women's Support Group

Wednesdays 6-8pm - Online (Zoom)

November 1 - January 24

### Farsi/Dari Women's Support Group

Thursdays 10am-12pm - In-Person

October 19 - December 21

Pacific Immigrant Resources Society – Food Access Program | View Online: [Food Access Program: Free Food for Immigrants & Refugees \(pirs.bc.ca\)](https://pirs.bc.ca)

Food Access Program provides nutritious food for immigrant and refugee families. We distribute weekly healthy food hampers and care packages to families in need through various locations including Journey Home in Burnaby.

Pacific Immigrant Resources Society- Trauma-Informed English Classes for Immigrant and Refugee Women | September 18 to December 18 on Mondays from 1 to 2:30 PM | View Online: [Join Our Free English Classes for Immigrant & Refugee Women \(pirs.bc.ca\)](https://pirs.bc.ca)

We welcome newcomer women with various English Levels (beginner to pre-intermediate). We are here to help you improve your English for everyday conversations, be a part of a multicultural community, gain confidence and learn more about Canada!

Rainbow Refugee | View Online: [Helping LGBTQ+ Refugees Resettle in Canada - Rainbow Refugee Vancouver](https://rainbowrefugee.com)

Rainbow Refugee promotes safe, equitable migration and communities of belonging for people fleeing persecution based on their sexual orientation, gender identity, gender expression or HIV status. They provide support, information, and system navigation to refugees and refugee claimants seeking refugee status in Canada.

Welcoming and Inclusive New West – News Events and Programs | View Online: [News, Events and Programs – WINS LIP \(wins-lip.ca\)](https://wins-lip.ca)

Welcoming and Inclusive New West (WINS) Local Immigration Partnership Council is a collaboration of representatives from 25 local agencies and organizations as well as interested residents from the community. The goal is to create a welcoming community that will positively impact the outcomes of those settling in New Westminster.

YMCA BC – Newcomer Services | View Online: [Newcomer Services Programs | YMCA BC - Greater Vancouver Region](#)

YMCA offers a range of services to newcomers such as:

- Connect2Work;
- Conversation Club;
- Canadian Citizenship Preparation;
- Canadian Fitness Connection;
- Self-employment for Newcomers;
- Social and Educational Events; and
- Conversations for Life.

## 12.0 Podcast, Webinars, Video & Print Resources

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Autism BC Article – I’m Autistic and in Mental Health Crisis. What Can I Do? | View Online: [I'm autistic and in mental health crisis. What can I do? — AutismBC](#)

You’re autistic and in a mental health crisis. What can you do?

It’s a complicated question because [mental health](#) crises and [care options](#) look different for everyone. Still, there are some coping mechanisms and resources that many of our autistic community members have found helpful.

Autism BC Article – Symbia Barnaby, Indigenous Storyteller and Neurodivergent Mother | View Online: [Symbia Barnaby, Indigenous Storyteller and Neurodivergent Mother — AutismBC](#)

Symbia Barnaby is an Indigenous woman of Haida and Mi’kmaq descent. She currently lives on the traditional unceded territory of the Coast Ts’msyen People, specifically the Nine Allied Tribes of Lax Kw’alaams. “An Elder helped me to look at my child in a completely different way. It was so liberating because of the Western view I come from in my medical background.”



Black Neurodiversity – The History of Race and Psychology | November 20 at 9:30 AM | View Online: [The History of Race and Psychology Tickets, Multiple Dates | Eventbrite](#)

Immerse yourself in an online exploration of the profound connections between race and psychology. Set your calendars for Monday, November 20th at 09:30 AM (Pacific Daylight Time) as we journey through time, highlighting the significant influences race has had on psychological theories, research, and practices - and vice versa.

Burnaby Primary Care Network – Disability Support DocTalks Archive | View Online: [DocTalks Archive - Burnaby Primary Care Networks \(burnabypcn.ca\)](#)

A series of DocTalks including:

- Navigating Medical and Social Support for Disabilities
- How to Support Ageing Adults with Disabilities and When?
- A-Typical, Learning how to Support Complex Kids

Child and Youth with Support Needs – Speaker Series | View Online: [Children and Youth with Support Needs | Eventbrite](#)

Join us for an online speaker series on Children and Youth with Support Needs! Hear from experts in the field and share your thoughts.

Down Syndrome Resource Foundation’s Podcast – The LowDOWN Season 8 | View Online: [The LowDOWN Podcast - Down Syndrome Resource Foundation \(dsrf.org\)](#)

What to do about a child who bolts? On a recent episode of The LowDOWN, BCBA Sara Peralta and Glen Hoos gave us the lowdown on how to deal with an escape artist. New episode dropping soon.

Family Support Institute – PWD Shelter Increase Guide | View Online: [Click here for the step-by-step guide.](#)

The B.C. government announced the \$125 shelter allowance effective August 1, 2023, for individuals receiving Persons with Disabilities (PWD) assistance. The Family Support Institute has created a step-by-step guide to help people understand how the shelter share increase works.

Family Support Institute Webinars | Various November Dates | View Online: [FSI Events - Family Support Institute \(familysupportbc.com\)](#)

FSI offers various Family Hangouts and Learning Explorations including:

- November 7 at 6:30 PM | Education Series: Post Secondary Options | To Register: [Education Series: Post Secondary Options - Family Support Institute \(familysupportbc.com\)](#)
- November 8 at 7 PM | Transition Series: Registered Disability Savings Plan – Level 1 | To Register: [Transition Series: Registered Disability Savings Plan \(RDSP\) Level 1 - Family Support Institute \(familysupportbc.com\)](#)
- November 13 at 7 PM | Newly Diagnosed Autism | To Register: [Newly Diagnosed Autism - Family Support Institute \(familysupportbc.com\)](#)
- November 29 at 6:30 PM | Transition Series: Microboards and Individualized Funding | To Register: [Transition Series: Microboards and Individualized Funding - Family Support Institute \(familysupportbc.com\)](#)
- December 6 at 6:30 PM | Representation Agreements | To Register: [Transition Series: Representation Agreements - Family Support Institute \(familysupportbc.com\)](#)

Inclusion BC Film: The Self Advocacy Leadership Institute 2023 | View Online: [Film: The Self Advocacy Leadership Institute 2023 - Blog - Inclusion BC](#)

After 2 years of planning, with self-advocates at the centre of the decision-making process, Inclusion BC helped facilitate the Self Advocacy Leadership Institute which was attended by community leaders from across BC.

Institute of Child Psychology – Children’s Mental Health Parenting Summit | November 14 to 17, 2023 | View Online: [Conference Registration - Institute of Child Psychology](#)

We're thrilled to announce our inaugural 2023 Children's Mental Health + Parenting Summit, happening from November 14th to 17th. This groundbreaking event is entirely FREE and brings together a diverse community of parents, professionals, researchers, and authors, all dedicated to exploring the science of parenting and fostering positive mental health in our children.

SFU Psychology – Indigenous Reconciliation – Blackness Indigeneity, and Kinship as Solidarity | November 24 at 2:30 PM | View Online: [Blackness, Indigeneity, and Kinship as Solidarity Tickets, Fri, 24 Nov 2023 at 2:30 PM | Eventbrite](#)

This talk examines the importance of mino-bimaadiziwin, or the good life. An Anishinaabe philosophy rooted in better relations between human and non-human species, Dr. Mays argues that while solidarity might be fleeting, kinship might be the way forward for Black and Indigenous peoples to resist together, without sacrificing their respective histories and contemporary realities.

UBC Learning Circle – Centre for Excellence in Indigenous Health Pre-Recorded Webinars | View Online: [Past Sessions | UBC Learning Circle](#)

The above link provides accessible links to previous webinar sessions

## 13.0 Surveys, Feedback & Engagement Opportunities

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Autism Community Training – Autism Sexual Health and Safety: Empowering Community | Wednesday November 8 & Thursday November 9 | View Online: [Autism, Sexual Health, and Safety: Empowering Community - ACT - Autism Community Training \(actcommunity.ca\)](#)

Accessible sexual health education is an essential part of learning. In this two-day workshop, sexual health educators will present educational approaches and resources to support age-appropriate, accessible sexual health education for autistic individuals.

Canadian Institute for Inclusion and Citizenship – Housing Innovation Survey | View Online: [Housing Innovations \(qualtrics.com\)](https://qualtrics.com)

UBC's Canadian Institute for Inclusion and Citizenship is partnering with CLBC to gather data on housing and are looking for participants for their housing innovation survey. They are looking to hear from adults with developmental disabilities on their experiences with inclusive housing options.

Canadian Mental Health Association – Disability Network Forum | Tuesday November 28 from 12 Noon to 4 PM | View Online: [Mental Wellness for People with Disabilities Forum - CMHA Vancouver-Fraser](#)

CMHA, Vancouver-Fraser is co-hosting the “Mental Wellness for People with Disabilities Forum” event with the Vancouver Disability Solutions Network. The forum will bring together various agencies and their clients to address the topic of how non-profit organizations and service providers can contribute to positive mental wellness for the people with disabilities whom they serve.

Child Health Hub in Transition to Adult Healthcare – Transition to Adulthood Pop-Up Event | December 2 to 3, 2023 | View Online: [D.E. Systems - Transitions Pop Up | MyConference Suite](#)

This event aims to bring together youth, families, trainees, researchers, clinicians, and policy/decision makers to celebrate the best of what we are learning, and doing, to help young people to develop fully, even when they are challenged by health conditions. For those unable to join in-person, aspects of the event will be made available in a virtual format.

City of Burnaby Survey – Share Your Voice on Chinese Canadian Reconciliation | [View Online: Reconciliation with the Chinese Canadian Community | Your Voice | City of Burnaby](#)

Share your voice on the actions the City should take to address the legacy of historical discrimination in the context of the City of Burnaby. This includes sharing your opinion on special places, stories, and cultural traditions of historical significance to Chinese Canadians that should be recognized by the City. These opportunities to provide input are available in Traditional and Simplified Chinese as well as English.

Disability Without Poverty – Survey – Help Shape the Canadian Disability Benefit | [View Online: Shape The CDB | Disability Without Poverty](#)

In September 2020, the Government said that they would make a new benefit called the Canada Disability Benefit (CDB). The CDB would go to disabled people who live in poverty. We are starting a new project that will:

- Engage with a lot of disabled people in Canada to hear their thoughts.
- Write a report for the Government that tells them what people with disabilities think, and share the recommendations they have for the regulations, policies and procedures of the Canada Disability Benefit.
- Create a community of disabled people in Canada to keep talking about poverty and the ways we can work together to eliminate it for disabled people in Canada.

Inclusion BC Conference – Everybody Belongs! 2024 | [View Online: Conference - Programs & Services - Inclusion BC](#)

Every year, over 600 people gather to learn, celebrate, network, and share real stories for disability inclusion. This includes self-advocates, family members, community inclusion workers and community leaders, education and therapeutic professionals, and expert advisors, Everybody Belongs is the premier event for the disability community in BC.

Institute for Public Education BC Survey – Our Hopes and Dreams for Public Education |  
View Online: [Hopes and Dreams – IPE/BC \(instituteforpubliceducation.org\)](https://instituteforpubliceducation.org)

What are your hopes and dreams for public education in BC? What do you think BC public schools need? What would an equitable, inclusive, and diverse public education system be like?

“Our Hopes and Dreams for Public Education” is a project of the Institute for Public Education IPE/BC. We will facilitate a community-based discussion and collect data from you that is collated, analyzed, and shared across the province to inform public policy and decision-making.

Province of BC – Child Youth with Support Needs Survey | View Online: [Home - Children and Youth with Support Needs \(gov.bc.ca\)](https://gov.bc.ca)

From March 2023 through December 2024, the Province is collecting feedback as part of its overall work to design an effective system of services for children and youth with support needs. This engagement will be inclusive of families, service providers, advocates, experts, those with lived experience, First Nations, and Indigenous Peoples.

Province of BC – Multiculturalism and Anti-Racism Grants Open | Deadline: November 20, 2023 | View Online: [Multiculturalism and Anti-Racism Grants - Province of British Columbia \(gov.bc.ca\)](https://gov.bc.ca)

Under the annual multiculturalism and anti-racism grant program, funds are available to support projects that build intercultural interaction, trust and understanding or projects that challenge racism, hate and systemic barriers. In 2023-24, the program focuses on projects to reduce systemic racism and hate incidents and build capacity in racialized communities. Preference will be given to applications submitted by racialized and marginalized groups.

Representative for Children and Youth – 2023 Child and Youth with Support Needs (CYSN) Survey | Deadline November 30, 2023 | View Online: [2023 CYSN Check-in \(RCYBC\) \(qualtrics.com\)](#)

The purpose of this 2023 CYSN Check-in is to do a "temperature check" and hear from families about their recent experiences accessing services and supports for children and youth with disabilities through the Ministry of Children and Family Development's (MCFD) Children and Youth with Support Needs (CYSN) Programs and other government funded services.

UBC – Social Communication Historical Experiences Memory and Affect Study (SCHEMA) | View Online: [Qualtrics Survey | Qualtrics Experience Management](#)

The goal of this research is to better understand the relationship between social and emotional processing, stressful experiences, and mental wellbeing in young adults.

Vancouver Disability Solutions – Free Mental Wellness for People with Disabilities Forum | Tuesday November 28 at 12 Noon | View Online: [Mental Wellness for People with Disabilities Forum Tickets, Tue, 28 Nov 2023 at 12:00 PM | Eventbrite](#)

The Vancouver Disability Solutions Network is hosting a FREE forum! Their goal is to address the possible ways that non-profit organizations and service providers can contribute positively to the mental wellness of the people with disabilities that they serve. To help in developing relevant content for the forum, they are seeking people with disabilities to provide their personal experiences with accessing mental wellness services in this survey. This input is critical for the planning of the forum's discussions. The forum will be held both in person and online.

York University Survey – Positive Mental Health for Youth with Intellectual Disability | View Online: [Positive Mental Health for Youth with Intellectual Disability | Developmental Disabilities and Mental Health Lab \(yorku.ca\)](#)

We are interested in learning about positive mental health (wellbeing) and mental health problems (e.g., anxiety, depression) for youth with intellectual disabilities. Past research has shown that it is possible for people to experience positive mental health (social, emotional and psychological well-being) while also living with a mental health problem

(Keyes, 2010). We want to find out what this looks like for youth with intellectual disabilities!

## 14.0 Youth in & from Government Care

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AgedOut.com – New Mental Health Quest Launched | View Online: [Aged Out | Empowering youth in and from government care in BC -](#)

Taking care of ourselves matters; that's why we have created a NEW Mental Health Quest that will help you thrive!

AgedOut.com – Learn About Permanency | View Online: [Learn about permanency | Aged Out -](#)

Permanency can seem complicated. A physical space is one dimension of permanency, but there are three others: relational, cultural, and legal. At the request of your peers, a fifth dimension is added: self-permanency! Journey through this interactive quest to learn more.

Aunt Leah's Friendly Landlord Network | View Online: [Being an Affordable Housing Tenant - Friendly Landlord Network](#)

If you're 18 or older and a youth or family from government care, sign up to find safe, affordable rental housing from a network of Friendly Landlords.

FBCYICN – Access Saje Supports | View Online: [handy eligibility guide](#)

You can with one of our [YOUth Support Staff](#) if you want help navigating these new resources or reach out to MCFD directly. For help understanding SAJE eligibility criteria, refer to our [handy eligibility guide](#).



FBCYICN – Join Us for BC Child and Youth in Care Week 2024 | View Online: [BC CHILD & YOUTH IN CARE WEEK - About \(bcchildandouthincareweek.com\)](https://bcchildandouthincareweek.com)

BCCYICW happens every year in early June. Our goal is to raise social awareness and shift negative perceptions; to recognize children and youth in care, like all young people, as individuals with talents, contributions, and dreams. We are a collective partnership of youth, service providers and allies working to challenge the stigma faced by children and youth in care by celebrating and honouring their awesomeness.

FBCYICN - Be Safe, Be Heard, Be Healthy, Be Yourself | View Online: [Your Life, Your Rights | Federation of BC Youth in Care Networks \(fbcyicn.ca\)](https://yourlife.yourrights.ca)

Your Life, Your Rights was developed by the Federation of BC Youth in Care Networks in consultation with young people and supportive adults. Below you will find info sheets that highlight the specific rights and responsibilities of young people based on different situations.

Rights are things that you are entitled to (they must be provided). They help you live, grow, and develop as an individual. Rights are not earned and cannot be taken away.

FBCYICN – Care Beyond Care Campaign | View Online: [Care Beyond Care Campaign Video - YouTube](https://carebeyondcare.ca)

A campaign is a way to unite community to take action around a shared goal. Our goal is to build greater awareness of supports for youth leaving government care! We are so grateful to the youth who have helped bring this campaign to life...special shout out to Miranda Z. who came up with our campaign name!

FBCYICN – Holiday Care Kits are Open | Deadline: November 27, 2023 | View Online: [Event Management \(powerappsportals.com\)](https://powerappsportals.com)

The winter holidays can be a difficult time. We want to remind you that you're supported and cared about this holiday season! Holiday Care Kits are a package of goodies from us to you. They are for Youth in and from Care between the ages of 14-24 as well as Fed Alumni.

FBCYICN – Power Pages Magazine Submission Request | Deadline November 14, 2023 |  
View Online: [Power Pages | Federation of BC Youth in Care Networks \(fbcyicn.ca\)](https://www.fbcyicn.ca)

Power Pages is a provincial magazine connecting youth in and from care, service providers and caregivers across BC. Are you a young person in or from care between the ages of 14-24? Young people can submit local updates, success stories, opinion articles, reports, ideas, photos, letters to government, poetry, questions and artwork to get published! Youth will receive a small honorarium for every submission printed.

Ministry of Children & Family Development – Caregiver Webpages | View Online: [Caring for children and youth in B.C. - Province of British Columbia \(gov.bc.ca\)](https://www.gov.bc.ca/caring-for-children-and-youth-in-b.c.)

Current and prospective caregivers can find information about support options, updated rates, and related standards. Not only does it support caregivers, it also promotes general awareness of what it means to be a caregiver in B.C.