

Triple P™ Stepping Stones is for every parent with a child (up to 12 years of age) with autism spectrum disorder, ADHD, and/or a developmental disability, whether it is for specific concerns or advice on common everyday issues.

### Connect with other parents and learn about:

1. How to bring out the best in your child.
2. How to teach important functional skills and behaviours.
3. How to manage mis-behaviour during parenting routines.
4. How to plan ahead to ensure a successful routine/outing/activity.

**Delivered over nine weeks: Five interactive group sessions get you started on goals that are a priority for you, followed by three phone consultations to problem solve and a final session to celebrate successes.**

**Day:** Wednesdays  
**Start Date:** January 13, 2016  
**End Date:** March 9, 2016  
**Time:** 6:00pm-8:30pm  
**Location:** Suite 101-4664 Lougheed Hwy, Burnaby

### Child minding available

\$10 per child per session,  
\$5 for each additional child per session

# Triple P™ Stepping Stones

Helping parents take the stress out of parenting

[www.triplep-parenting.net](http://www.triplep-parenting.net)



**Cost: \$200  
per parent or couple**  
Please register by January 6, 2016

*Maximum number of  
parents/couples per session is 10*

*Limited financial assistance  
may be available.*

**To register, please contact  
our Team Leader:**

Phone: (778) 945-1435

Email: [laurel@posAbilities.ca](mailto:laurel@posAbilities.ca)

Online: [www.laurelbc.ca](http://www.laurelbc.ca)