

Behaviour Consultation & Life Skills

Laurel Behaviour Support Services

Early Intensive Behaviour Intervention, *up to age 6*
Behaviour support for school-aged children, *ages 6-18*
Behaviour support for adults, *ages 19 and over*
Triple P[®] Positive Parenting Program and other family services

Laurel Behaviour Support Services [LBSS] provides professional behaviour consultation and training services to children, youth and adults with an Autism Spectrum Disorder, or other developmental disabilities. Consultants have expertise in the application of Applied Behaviour Analysis (ABA). ABA is an evidence-based treatment approach that is proven successful in teaching new behaviours and reducing problem behaviours. Together with families, we strive to increase a person's independence across a variety of settings – home, school and community.

We use ABA teaching strategies to help build skills in the areas of:

- academics
- communication
- social skills/play skills
- motor/sensory functioning
- independence/life skills

In addition to teaching new skills we:

- use a functional approach to challenging behaviour with the focus of decreasing challenging behaviour and teaching socially appropriate adaptive behaviours;
- work collaboratively with all members of the individual's support team to ensure best positive outcomes for the individual; and
- provide comprehensive training to all team members involved in implementing the behaviour plans.

Our support plans are tailored to the individual and situated within the context of that person's unique family values, culture and lifestyle. We offer families a wide variety of resources including: education and training, coordination with other professionals and social/networking opportunities for all family members. Where possible, we provide service in the preferred language of families.

LBSS provides evidence-based behaviour support services to improve the quality of life of the persons whom we serve. To this end, we focus on the person and not his or her label(s). We uphold our practice to the highest of ethical standards including our adherence to the Behavior Analyst Certification Board's Guidelines for Responsible Conduct, and the Association for Behaviour Analysis International's, The Right to Effective Behavioral Treatment.

Family Support

Our Family Support Service is available at no charge, to assist families with life planning for the family unit. This includes providing information and education on a variety of disability related topics, advocacy support and the development of self-sustaining support networks.



Life Skills

Participants are supported to develop skills that will assist them to gain more independence at home and in the community. The life skills support service is time-limited, and based on specific goals that are created to meet the individual's abilities and needs. Life skills teaching can involve direct one to one teaching or group classes and workshops. Support hours can be scheduled for weekdays, weekends or evenings.



Skills instruction and support includes the following:

- Developing and Building Healthy Relationships
- Health and Safety
- Nutrition
- Money Management
- Education and Career Exploration
- Community Awareness
- Transportation
- Social Skills
- Communication and Telephone Skills
- Emergency Preparedness
- Sexual Health Education

To learn more, please contact us.

Laurel Behaviour Support Services

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Children's Life Skills

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