

Are you an older adult with a developmental disability?

Would you like help?

It's OK to ask for help. Burnaby has a new navigator service. A navigator is someone who helps you with your planning as you get older.

CALL 1 855 356-5609

How does the navigator service work?

You share your goals, interests, questions and concerns with a navigator. You can tell a navigator what supports you think would be helpful. The navigator will help you build a plan for reaching your goals.



For help with:

- Income Assistance
- New Illness
- Doctors
- Care Giver
- Family
- Money
- Communication
- Goals and Dreams
- Lawyers
- Health
- Wheelchairs
- Home Care
- Friends
- Papers
- Death

And much more.

When you get older there are new things to plan.

Start planning early

Planning will help you make good decisions about your future, such as:

- Where you are going to live
- How to deal with money issues
- Who will care for you
- How to deal with new illness or end of life
- How to meet new people and make new friends

How do I know if I am eligible?

You can get help from a navigator if:

- You have a developmental disability
- You live in Burnaby
- You are 55 or older
- You are going through a time of change because you are getting older or because your caregiver(s) is getting older

How can I meet a navigator in Burnaby?

- You or your family or friend can call us
- Your CLBC contact can make a referral
- Your health authority contact can make a referral

Will I have to pay?

No, there is no charge for the navigator service. The navigator service is offered free of charge.

For more information on the new [Services to Adults with Development Disabilities](http://www.sd.gov.bc.ca/pwd/isst.html) program, visit: www.sd.gov.bc.ca/pwd/isst.html

Or telephone:

1 855 356-5609